



The 5 Healthy Towns Party

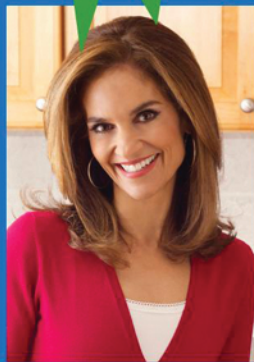
Sunday, September 25

Noon - 4 p.m.

Chelsea High School Campus
740 N. Freer Road

- *NBC's The Today Show Nutritionist and Best Selling Author Joy Bauer*
- *Fit by Nature Author John Colver*
- *Anti-Drug Advocate Mike Hirst*
- *Local Family Chef Competition*
- *Family Bike Safety Class and Free Bike Inspections*
- *Farmers Market*
- *Detroit Lions on the big screen*
- *Over 50 Softball Tournament*
- *Healthy Snacks*
- *Interfaith Gathering*
- *Kids Activities*
- *Ultimate Frisbee Demos*
- *Giveaways and Much More!*

FREE!



From NBC's Today Show and best-selling author Joy Bauer.



Award-winning fitness coach and author of Fit by Nature John Colver.

For more information visit www.5healthytowns.org,
or e-mail matt@5healthytowns.org.

