



**5 Healthy Towns Foundation  
Executive Committee  
~ September 17, 2020 ~  
8:30 a.m.**

**AGENDA**

*Any items in blue font are protected by attorney-client privilege.*

1. **Call to Order**
2. **Approval of August 19, 2020 minutes\***
3. **Strategies**
  - a. Fall strategic planning
4. **Resources**
  - a. UMRC's interest in SMOC – options\*
    - i. Member relationship remains the same
    - ii. We sell our member interest to UMRC
    - iii. We put SMOC on our books and both organizations are able to take cash or other assets out of SMOC

Closing document – property transfer of SMOC to 5HF:

Article II §2.1 Right of First Refusal

The Foundation hereby grants to TH-M, or its designee, effective on the Effective Date, a right of first refusal (“Right of First Refusal”) to purchase, lease, or otherwise acquire the Membership Interest (each, a “purchase”) from the Foundation if the Foundation makes or receives a bona fide offer to sell, purchase, lease, or otherwise transfer or acquire the Membership Interest (an “offer”). The Right of First Refusal granted herein shall apply with respect to any Offer or Offers received to purchase all or part of the Membership Interest.

***[ Internet – 5healthytownsguest and Password –5HTwellness ]***

\*Material on website

\*\*Material available at the meeting



***5 Healthy Towns Foundation  
Executive Committee Meeting***

**August 19, 2020**

**4:30 p.m.**

**MEETING MINUTES**

**Any items in blue font are protected by attorney-client privilege and must not be shared with anyone outside our Board of Directors and 5HF attorneys.**

Present via Zoom (Civic Authority prohibits in-person meetings due to Covid-19): C. Dresch, S. DeVol, S. Broshar, P. Conlin A. Heydlauff

Absent: J. Wallace

Staff: Sheila Gillman

**1) Call to Order:** 4:39 pm

**2) Approval of May 20, 2020 minutes as written**

**3) Strategies**

i) Coalition Regional Planning

(1) Staff would like to propose alternative planning structure for coalition spending to the BOD

(a) Regional approach

(b) 3-year timeframe

(c) Substantial expenditure (proposing \$1M over three years)

(d) Additional structural changes are likely to the Community Advisory Committee and Committee for Strategic Impact

(e) Consistent with OBT principles

(f) Would only move forward after engaging with coalition leaders (formal and informal)

Discussion: Potential pushback from smaller communities, process questions. Generally in favor of discussing the idea with BOD.

ii) Outdoor fitness equipment

(1) Installing outdoor fitness equipment @ CWC

(a) Funds from Ralph Wilson Foundation granted to UMRC and they can no longer install the equipment

(b) We have room on the east side of the building

(c) Installation likely this fall with Matt Pegouskie's oversight



- b) Wellness Center Opening Prospects; Continue to provide information to Donna Lasinski, Muchmore Harrington and several people on Gov. Whitmer's staff. Most recently, Meghan Groen (Governor's Health advisor) and Elizabeth Hertel (Deputy Director at DHHS)
  - i) to make the point we are certified, medically integrated and can provide safety far better than other institutions and businesses that are open (bars, casinos, universities...). We are not the same as commercial fitness facilities.
  - ii) Provided Power Wellness statistics from their open centers around the nation
  - iii) Revised casino opening requirements to fit our Wellness Centers
  - iv) Repeatedly sent description of certified, medically integrated and stories of people we know are suffering as a result of closures

Action: A. Heydlauff will continue to lobby as new contacts and approaches surface. See attached examples of documents shared.

Meeting adjourned: 5:37 pm  
Recorded by: Sheila Gillman  
Approved by:

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Jeff Wallace, Chair

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Date

**Silver Maples of Chelsea**  
Statement of Functional Expenses  
Year Ended December 31, 2019

	<u>Program Services</u>	<u>Supporting Services</u>		<u>Total Support</u>	<u>2019 Total Expenses</u>
		<u>General &amp; Administrative</u>	<u>Fundraising</u>		
<b>Expenses:</b>					
Salaries and wages	\$ 2,555,123	\$ 369,691	\$ -	\$ 369,691	\$ 2,924,814
Employee benefits	554,807	77,468	-	77,468	632,275
401(k) and payroll processing fees	-	24,638	-	24,638	24,638
Development and training	9,903	11,203	-	11,203	21,106
Employee recruitment	-	7,915	-	7,915	7,915
Employee relations	3,698	9,354	-	9,354	13,052
Travel and entertainment	12,670	6,917	-	6,917	19,587
Uniforms and allowance	7,848	145	-	145	7,993
Supplies	165,228	5,070	-	5,070	170,298
Printing, forms, newsletter, brochures	12,321	557	-	557	12,878
Repairs and maintenance	169,270	49,937	-	49,937	219,207
Professional fees	-	132,603	-	132,603	132,603
Other contract services	197,553	-	-	-	197,553
Utilities	324,113	23,819	-	23,819	347,932
Food	376,722	-	-	-	376,722
Silver Lining fund expense	-	-	7,329	7,329	7,329
Software maintenance fee	1,820	29,741	-	29,741	31,561
Dues and subscriptions	33,412	12,783	-	12,783	46,195
Activities and outreach	16,635	-	-	-	16,635
Media advertising	166,346	-	-	-	166,346
Insurance	84,181	-	-	-	84,181
Real estate taxes	305,965	-	-	-	305,965
Interest expense	357,978	-	-	-	357,978
Depreciation and amortization	1,321,834	-	-	-	1,321,834
Miscellaneous	22,237	7,942	-	7,942	30,179
<b>Total</b>	<b>\$ 6,699,664</b>	<b>\$ 769,783</b>	<b>\$ 7,329</b>	<b>\$ 777,112</b>	<b>\$ 7,476,776</b>

See Notes to Financial Statements.