



5 Healthy Towns Foundation

Executive Committee

~ October 17, 2018 ~

4:30 p.m.

AGENDA

Any items in blue font are protected by attorney-client privilege.

- 1. Call to Order**
- 2. Approval of August 22, 2018 minutes***
- 3. Strategic discussion re: coalitions – Nicole O'Brien**
- 4. Dexter and Chelsea property tax**

[Internet – 5healthytownsguest and Password –5HFwellness]

* Material on website



***5 Healthy Towns Foundation
Executive Committee Meeting***

**August 22, 2018
4:30 p.m.**

MEETING MINUTES

Any items in blue font are protected by attorney-client privilege and must not be shared with anyone outside our Board of Directors and 5HF attorneys.

Present: J. Wallace, S. Broshar, Cindy Dresch
Via Phone A. Heydlauff
Absent: K. Dombkowski, S. DeVol
Staff: Sheila Gillman

- 1) Call to Order: 4:35**
- 2) May 16, 2018 minutes approved as written.**
- 3) July 17, 2018 “special meeting” minutes approved as written.**

4) Strategic Goals

- a) Review of strategic goals and strategy
 - (1) Preliminary data from external survey suggests Dexter’s coalition struggles with membership and outside collaboration/communication
 - (2) The community recognizes move-more initiatives (particularly the wellness center) but doesn’t connect the coalition to other vision elements
 - (3) Original intent of DWC was to be the center of wellness in Dexter and surrounding area

Action: A. Heydlauff will develop a proposal to better integrate coalition activities with DWC. Potential discussion to be held with the BOD in the fall.

5) Legal Update

- a) Draft minutes posted by the City of Chelsea for the 8-20-18 council meeting indicate they went in to closed session. They did not reach a decision following Scott Broshar’s statement during the public comment portion of the meeting.

Action: Send the letters to Chelsea Wellness Center and 5HF Stakeholders including previous 5HF board members.

Action: We will draft and send a letter to Dexter organizations including the highlighted portions of the Tax Status Update.



6) Succession Planning Procedure

- a) The Committee is satisfied with the documents generic approach

Action: The Succession Planning Procedure will be brought to the Board on Monday for approval.

Meeting adjourned at 5:45 pm
Recorded by: Sheila Gillman
Approved by:

Jeff Wallace, Vice Chair

Date

November Board Meeting – Outline for Coalition Discussion, *Draft 10/10/18*

Length: 45-60 minutes discussion following Evaluation Findings

Prep: Share summary of discussion topic/coalition eval results and ask members to come prepared to participate in a discussion using 2-3 key questions. Question options will be sent ahead of the board meeting for a survey monkey vote by board members.

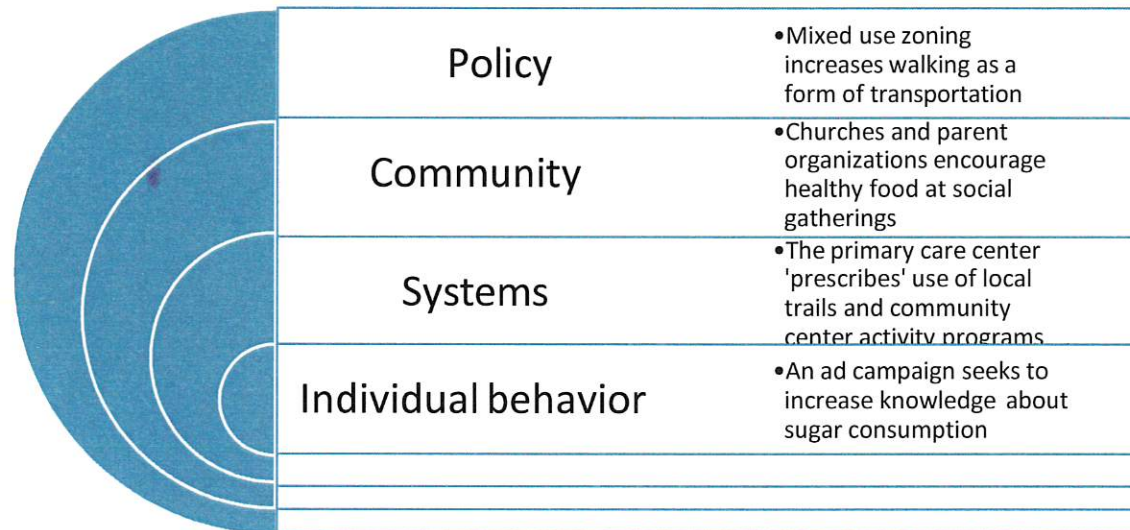
Tools: Flip chart paper, markers, stickers, post-its, powerpoint to present framework, drive set questions, potentially show early feedback

Sequence: Following presentation of evaluation findings

1. Discuss vision/goals for coalitions in 2019 (*discuss below, add and refine with input from the board – 10-15 minutes*)
 - Renew and energize coalitions
 - Continue movement toward most effective model
 - Are there best practices within five coalitions
 - Environmental scan
 - Demonstrate what makes our communities unique due to Coalition presence and activities (another way of saying: what are our outcomes? What differences do we make?)
 - Others?
2. Dialogue on strengths and areas of opportunity (where can we help) – (*discussion on evaluation findings/takeaways and identified strengths/weaknesses that support above goals – 10-15 minutes*)
3. Appetite of Board for level of transformation/guidance (*show spectrum of possibilities and more dialogue/brainstorming here – 10-15 minutes*)
 - a. Facilitate coordinated learnings on building community awareness and membership (common early themes from eval, coalition plans (#1 for all), environmental scan)
 - b. Leverage best practices – local and broader best practices
 - c. Portion funding with % to aligned or identified priorities and % independent (new funding models to encourage changes in coalition practice/behavior)
 - d. Wellness Center collaboration/coordination
 - e. Service area wide or big idea incentives
 - f. other
4. Summarize and identify consensus on #1 and #3 (*Use prioritization method to show consensus - 10-15 minutes*)
5. Next Steps – What will board, board committees and staff do next?

ReThink Health: Campaign → Engage → Align → Redesign → Institutionalize

Figure 1. Example of Reinforcing, Multi-Level Community Health Initiatives



Coalitions provide a venue for disparate organizations and sectors to discuss multiple options for intervention, align their interests, and pool resources to achieve a common aim [11]. Coalitions are also viewed as durable and capable of being maintained long enough to accomplish health-promotion and disease-prevention goals [12-14]