

Manchester Wellness Coalition

Tuesday November 29 at 7:30 PM

Village Room at the Village Hall – 912 City Road

Meeting Agenda

- I. Call to Order

- II. Introductions of New Members

- III. Chelsea Wellness Foundation update

- IV. MWC Organization
 - Organization and Officers
 - Permanent Meeting Schedule
 - CWF Debit Card

- V. Comprehensive Wellness Plan discussion
 - Eat Better
 - Move Mor
 - Avoid Unhealthy Substances
 - Network with Others in Healthy Ways

- VI. Adjournment