

## Manchester Wellness Coalition

August 28, 2012

### Meeting Minutes

**Attendees:** Bri Meek, Ray Berg, Laura Seyfried, Amy Heydlauff, Peter Girz, Reiley Curran, Erin Murphy, Ruth VanBogelen

NEXT MEETING: September 25, 2012 at 7 pm in the Village Room, Manchester Village Offices

1. Bri Meek provided a summary of the NEAT survey. Manchester scored the 2<sup>nd</sup> highest of the 5 Healthy towns. The NEAT Scorecard includes a section on Community Policies & Environment (8 items), a section on worksite policies & environment (2 items) and a section on school policies & environment. Manchester scored high on Medical Practices, School Meal Programs, School Community, and Worksite Healthy Eating Support (Amarco, Bishop and MCS), and scored poorly on grocery stores, community programs (club and church dinners), and school policies (food as rewards, concession stand, fundraisers). There was discussion related to the fact that the NEAT survey and scoring process is geared towards large towns, and small towns like Manchester receive low scores on certain topics which are not accurately reflecting the true situation.
2. Next grant review is in October and the grants need to be turned in by October 5<sup>th</sup> (online at CWF website) Committee pays close attention to the budget (how the money is being used), evaluation plan, oversight, and sustainability. Include in the grant any in-kinds or other funds/donations for the project.
3. The positions as head of the Coalition and the subcommittee chairs will be opened up yearly in September. Anyone interested in these positions should attend the September meeting, September 25 at 7 pm at the Village Meeting room. If you are interested in holding any of these positions but cannot attend the September meeting, please email Ray Berg.
4. A revised Manchester Wellness Coalition Plan (2013) will be due April 1, 2013.
5. Direct Mailing a Manchester Wellness Coalition Booklet to Manchester-area Residents (48158 + parts of 2 other postal routes). Ray Berg is preparing the draft booklet. Goal is to send this booklet out this fall. Amy said Sun Times printed the booklet that the CWF distributed this summer. The booklet will be 4 sheets of paper and will cost 14 cents per booklet to mail.
6. Ideas for Manchester Wellness Coalition events for the coming months:
  - Oct 5<sup>th</sup> football game, Manchester Voices will have a table near the concession stand. Other subcommittees could have "things" there also.

- Could we work with the people in charge of the concession stand and also the people organizing the buck a burger to see if healthier food options could be included at both?
  - Community Forum – all 4 subgroups – maybe in October
  - Restaurant week – maybe starting at Christmas in the Village and continue through the week of Thanksgiving.
  - Seminar series – prescription drug topic (maybe for more towns than Manchester)
7. Avoid unhealthy substances update – Red Barrel costs about \$500 and there is no date yet of when Manchester will have a barrel available. Hopefully this fall or early winter.
  8. Ray is putting together an article for the Manchester Enterprise.
  9. Data gathering for intervention programs – try to include the number of participants, the location by township