

## **Manchester Wellness Coalition**

### **Meeting Minutes**

**Tuesday, October 23, 2012, 12:00 Noon**

**Manchester Village Hall, Village Room**

Attendees: Peter Girz, Reilly Curran, Heather Sturm, Nancy Loudin, Kathy Benedict, Amelia Woods, Ray Berg, Matt Pegouskie, Denny Steele (MAYS)

#### **1. Kirk Park Service Clubs Project**

Denny Steele, on behalf of Manchester Area Youth Sports, presented a proposal for the refurbishment of Kirk Park, particularly focused on the current youth baseball program, the diamonds used by MAYS and other baseball players, and related infrastructure at the park. A description of proposed upgrades and a set of cost estimates were provided. The Coalition discussed this proposal in terms of a community service clubs joint project with support from the Village Parks budget and the Manchester Wellness Coalition. Ray Berg provided background on a proposal initiated by the Manchester Kiwanis Club, and subsequently subscribed to by several other service clubs, to create a multi-club service project to improve Kirk Park in Spring 2013, addressing current park shortcomings as outlined in the draft 5-Year Manchester Village Parks Plan. The Coalition expressed its appreciation to Denny for the research and proposal completed to date. Ray Berg will carry this multi-club proposal forward with the Village of Manchester Parks Commission and the Village Manager, and the service clubs, for further definition of work scope, costs, service club contributions, and the role of the Manchester Wellness Coalition.

#### **2. Peter Girz – Update on Student Involvement and Possible Projects**

Peter reported on the steps needed to involve students in MWC activities, particularly as related to the AUS interventions. An additional staff member is being hired at KBA to assist with the expanded programs under the Manchester Wellness Plan (e.g., Project Success) – this position should be filled by end of November. When this person is on-board, the expanded programs will begin. This coordinator will spend two full days in Manchester on these programs.

The October 5 MHS Homecoming Game community outreach event by the MWC and Manchester Voices was hampered by cold, rainy weather – there was little student participation at the table. Peter suggested holding a MWC monthly meeting at the high school during the lunch period to reach out to students.

It was agreed to hold the next MWC general meeting at Manchester High School, in the commons area where students eat lunch, on Tuesday, November 27, beginning at 10:30 AM. This will consist of tables creating an “expo” appearance, highlighting the four CWF missions, wherein students can obtain information on MWC activities, learn more and volunteer to join the Coalition and enroll/participate in MWC interventions. The lunch period consists of two lunch schedules, so we will staff tables to cover both periods. We will then have a short business meeting after the lunch period ends. Ray Berg will contact Kevin Mowrer to secure

the OK to meet there and to facilitate the arrangements. MWC members who can be present to staff a “mission” table are requested to contact Ray.

### 3. Status Updates on Existing Interventions and Grant Submittals Through October 5

Committee representatives provided brief updates on ongoing activities and/or grant submittal status on the following MWC interventions:

- 5-a-day Toolkits – approximately 90 participants to date
- Community/school gardens – winding up a successful year
- Healthy Chefs – restarting at MHS and expanding to Klager
- Community Read – over 200 books distributed
- Gazebo Concerts – will fund first 2013 concert, “kids” focus
- Red Barrel Program – separate group is meeting, Manchester joining with Chelsea/Dexter, and presentation was made to Manchester Village Council
- Rethinking Drinking – getting underway
- Project TNT – awaiting new coordinator
- Manchester Voices/Project SUCCESS – underway for 2012-2013 school year

### 4. Status of Grants in Preparation for December 5 Deadline

Committee representatives provided brief updates on the following grants in preparation for the next CWF deadline, December 5:

- Breathe Life Program – starting up, extended discussion occurred on Manchester community interest (or lack thereof)
- Healthy Walking/Bicycling Programs – will work with CCH Healthy Communities
- Wellness Center – Expanded Programs for Certain Demographics – developing specifics
- FUTP60 – MWC will be at MMS Expo on October 26.
- Education Seminar Series – the first seminar will be coordinated with the Manchester/Chelsea/Dexter launch of the Red Barrel Program, and will be a seminar/workshop on prescription drug abuse in the Manchester area.

### 5. Community Outreach

The October 5 outreach event at the football game was covered earlier in the meeting. The EDDM mailer has completed a first draft and is receiving comments. The “Restaurant Week” concept will wait until early 2013, and will utilize feedback from the similar Chelsea event. The prescription drug abuse symposium will be the first Education Seminar Series event (G-3), and will be coordinated with the Manchester Red Barrel launch. No further planning work on “Community Forum” until mailer is out and in public’s hands. Website revisions underway at CWF – Manchester will have a direct, public page.

### 6. PAC Results and Trophy

Ray Berg presented the PAC 2012 results and Manchester’s “Bronze” level trophy.