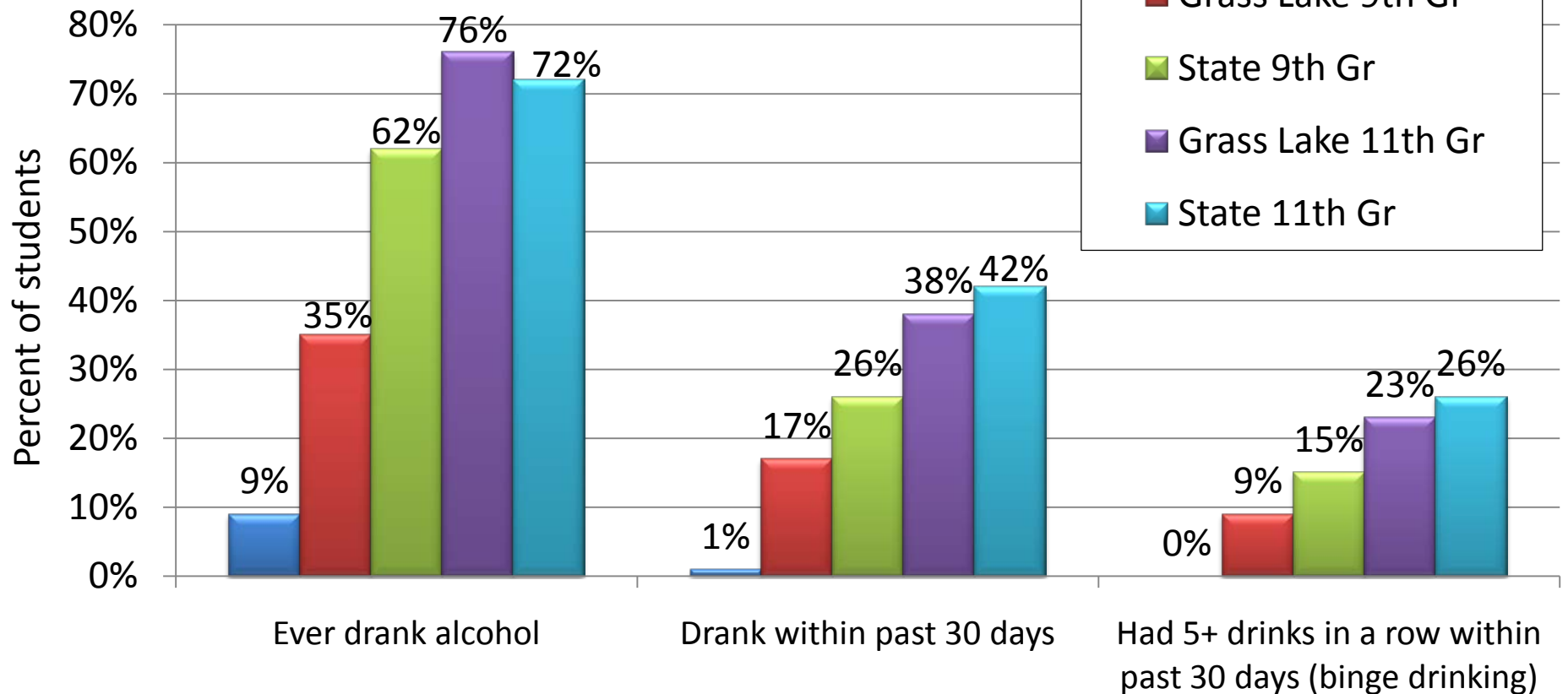


Youth Substance Abuse: Alcohol

The average age of first alcohol use was 12.1 for Grass Lake 9th graders and 14.4 for 11th graders

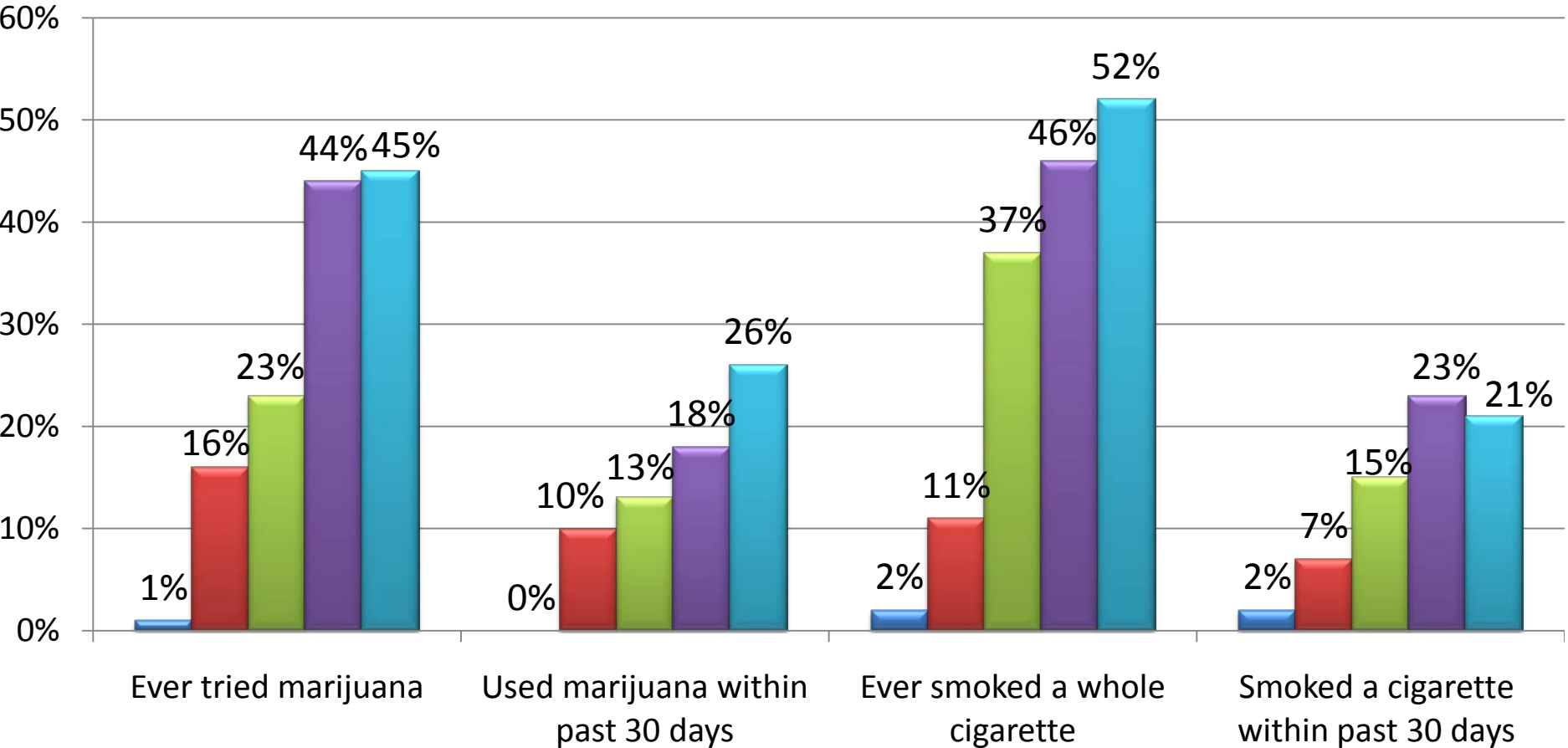


Source: 2010 Michigan Profile for Healthy Youth Survey, Grass Lake Community Schools, State data from 2009 Michigan YRBS



Youth Substance Abuse: Marijuana and Tobacco

■ Grass Lake 7th Gr ■ Grass Lake 9th Gr ■ State 9th Gr
■ Grass Lake 11th Gr ■ State 11th Gr

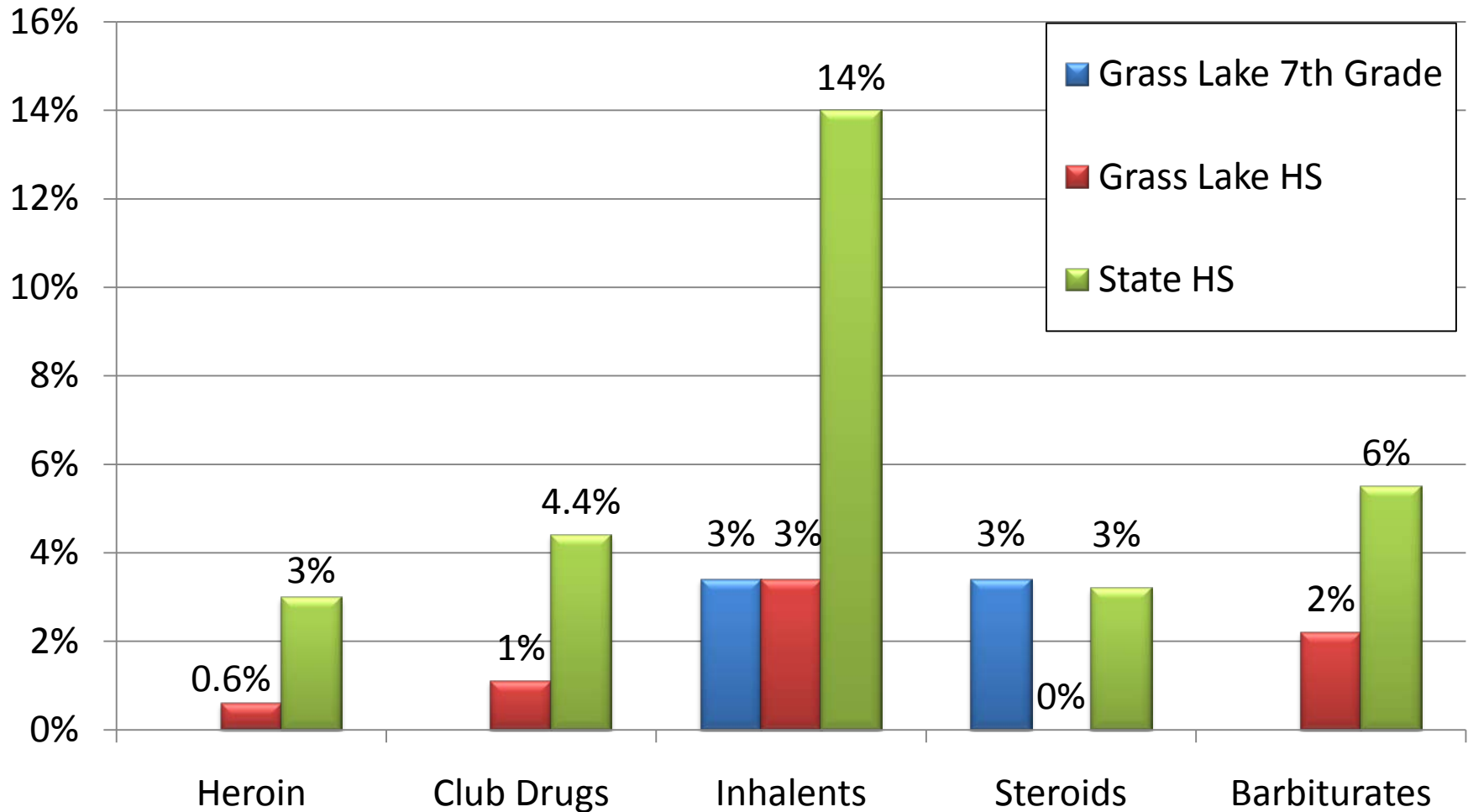


Source: 2010 Michigan Profile for Healthy Youth Survey, Grass Lake Community Schools, State data from 2009 Michigan YRBS



Youth Substance Abuse: Other Drugs

% of students who have ever used...

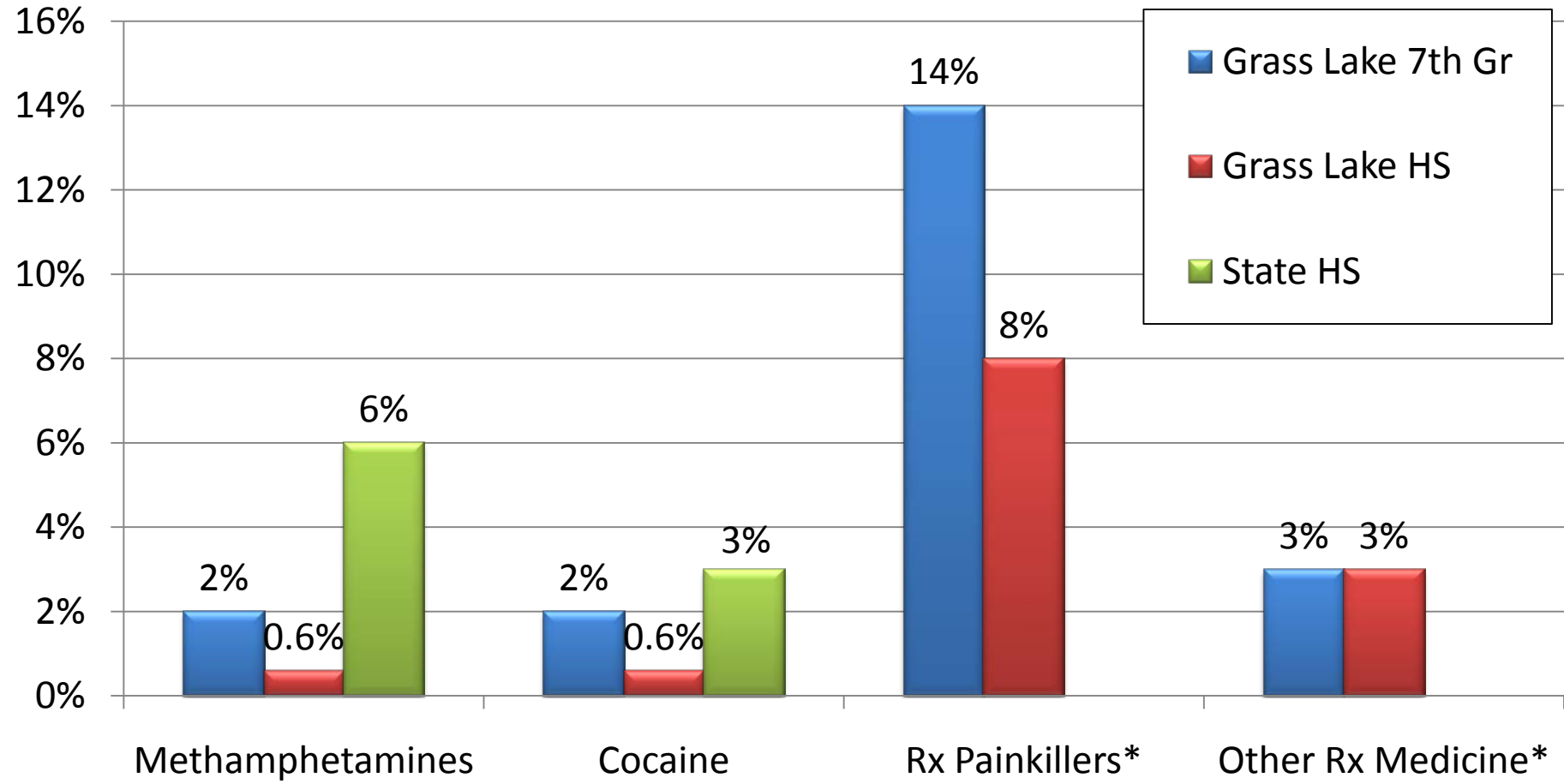


Source: 2010 Michigan Profile for Healthy Youth Survey, Grass Lake Community Schools, State data from 2009 Michigan YRBS



Youth Substance Abuse: Other Drugs

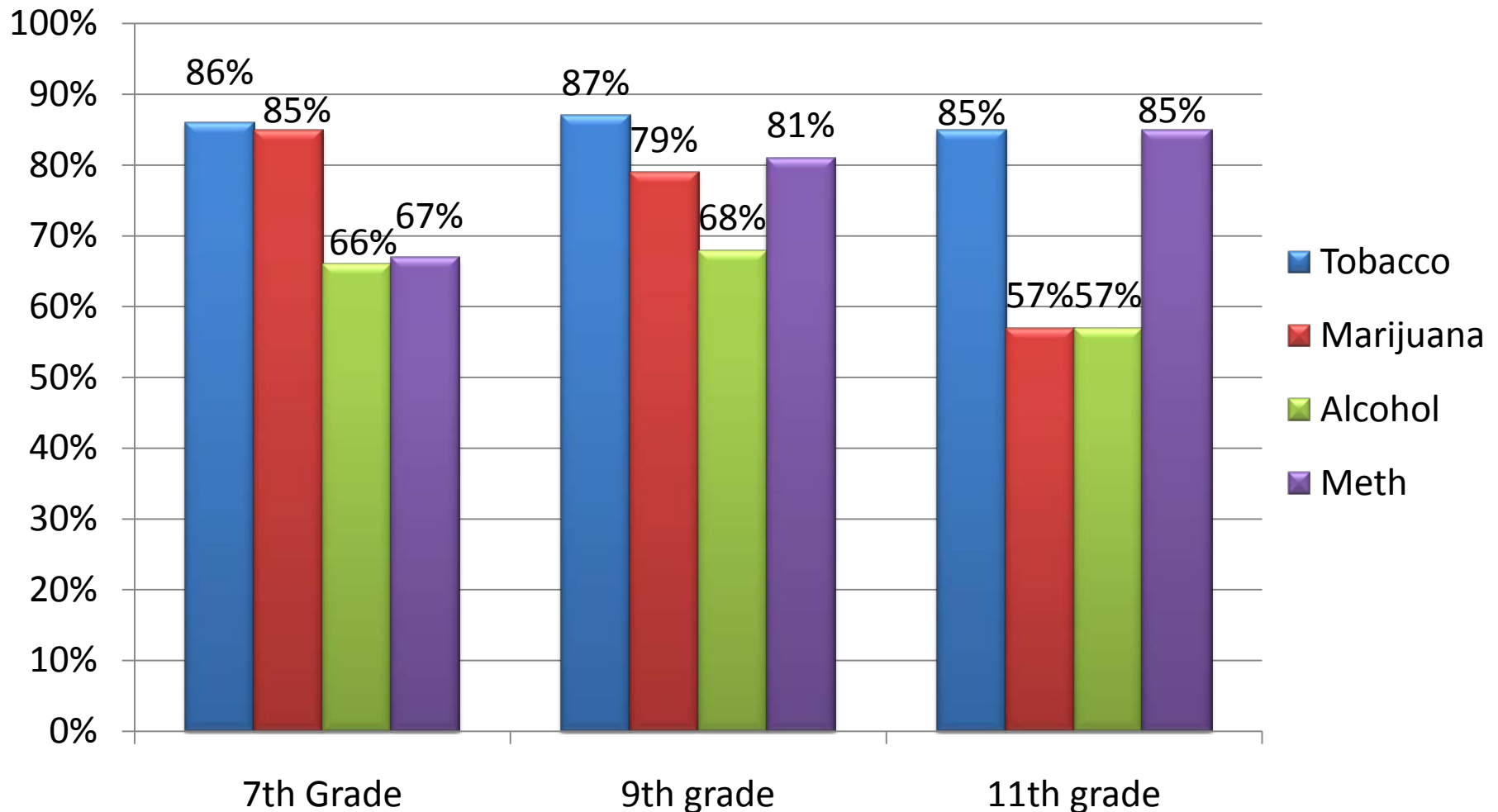
% of students who have ever used...



* Without a doctor's prescription

Perception of Risk

% of students who report regular use of substance to be moderate or great risk



Source: 2010 Michigan Profile for Healthy Youth Survey, Grass Lake Community Schools

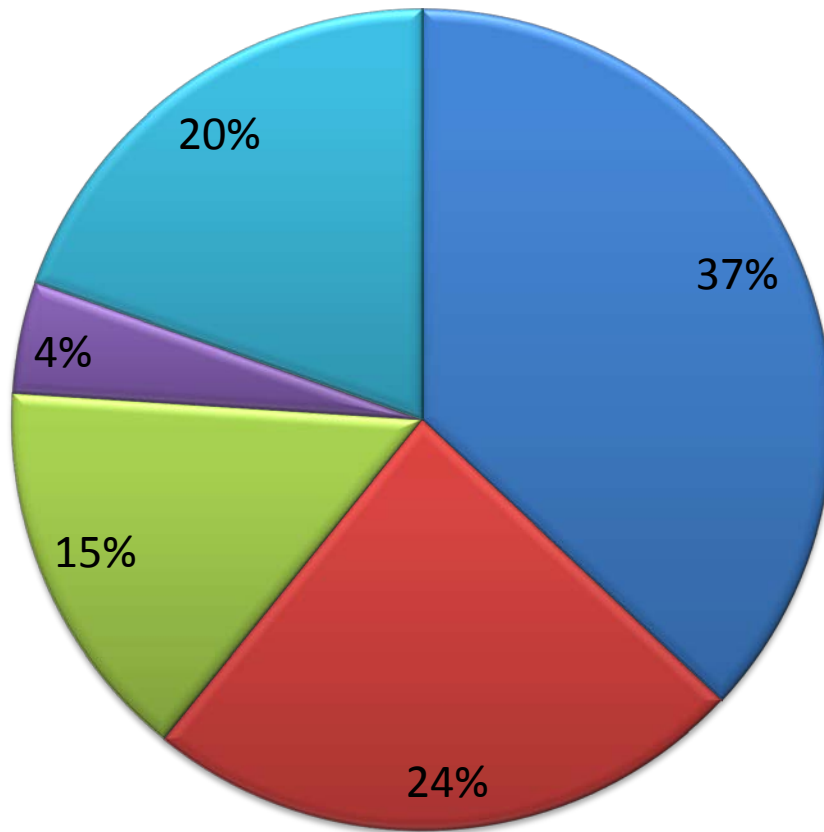


Perception and Approval of Peer Use

% that overestimates peer use of...	9th grade	11th grade
Alcohol	66%	57%
Marijuana	55%	49%
Tobacco	76%	54%

% that thinks it's "wrong" or "very wrong" for peers to use...	7th grade	9th grade	11th grade
Alcohol	95%	68%	42%
Marijuana	99%	81%	56%
Tobacco	99%	78%	47%

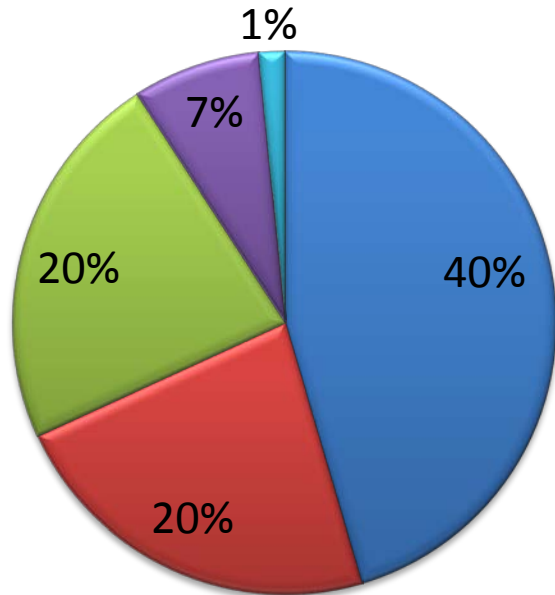
66% of high school students say alcohol is easy to get,
48% say marijuana is easy to get



How Grass Lake Teens Access Alcohol

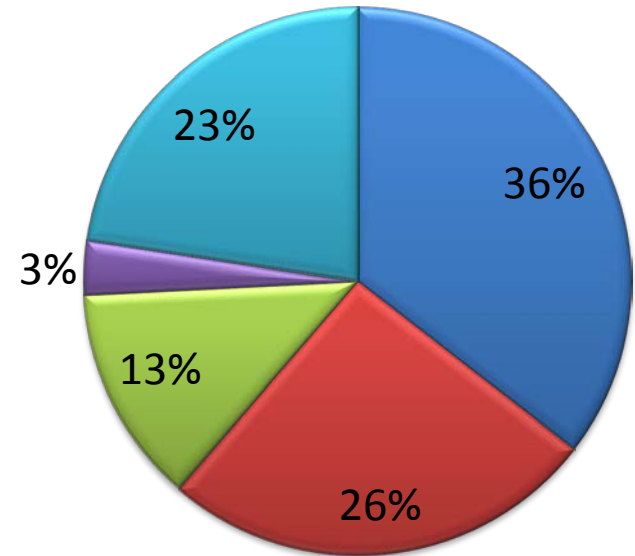
- Gave someone \$ to buy for them
- Someone gave it to them
- Stole alcohol from a family member
- Bought for themselves at a store, restaurant, bar, club or public event
- Other

How 9th Graders Access Alcohol



- Gave someone \$ to buy for them
- Someone gave it to them
- Stole alcohol from a family member
- Bought for themselves at a store, restaurant, bar, club or public event
- Other

How 11th Graders Access Alcohol



- Gave someone \$ to buy for them
- Someone gave it to them
- Stole alcohol from a family member
- Bought for themselves at a store, restaurant, bar, club or public event
- Other



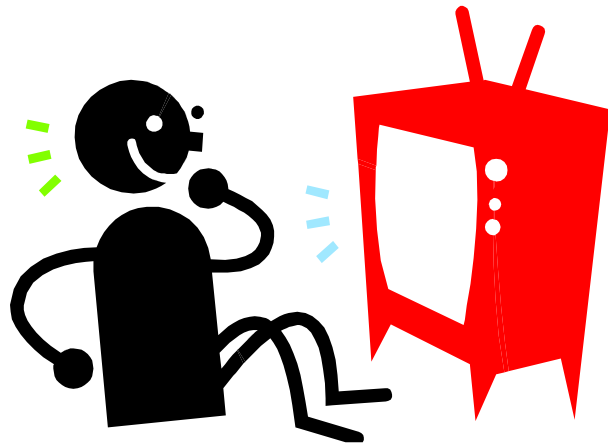
Parental Approval and Family Involvement

% who reported their parents felt regular use was wrong or very wrong	7th grade	9th grade	11th grade
Alcohol	97%	92%	78%
Marijuana	98%	97%	93%
Tobacco	99%	97%	89%

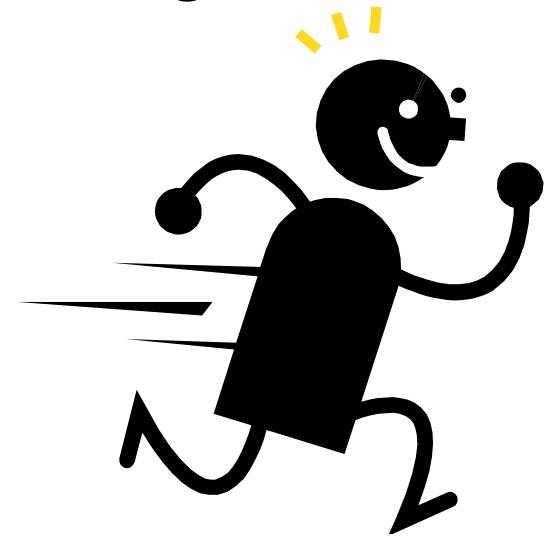
- 8 out of 10 teens enjoy spending time with their parents
- 7 out of 10 could ask mom or dad for help with personal problems
- Only 5 out of 10 feel included in family decisions

Half of Grass Lake teens meeting recommendations for daily physical activity.

- 52% were active 60+ min/day on 5+ days/week
 - 45% attend PE at least one day per week
 - 68% play on a sports team
- 31% watched 3+ hrs of TV on an average school day
 - 25% play video games 3+ hours

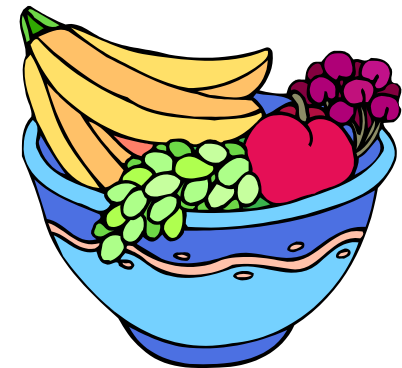


VS.



Less than half of Grass Lake teens eat enough fruits and vegetables. Only 1 in 4 drinks enough milk.

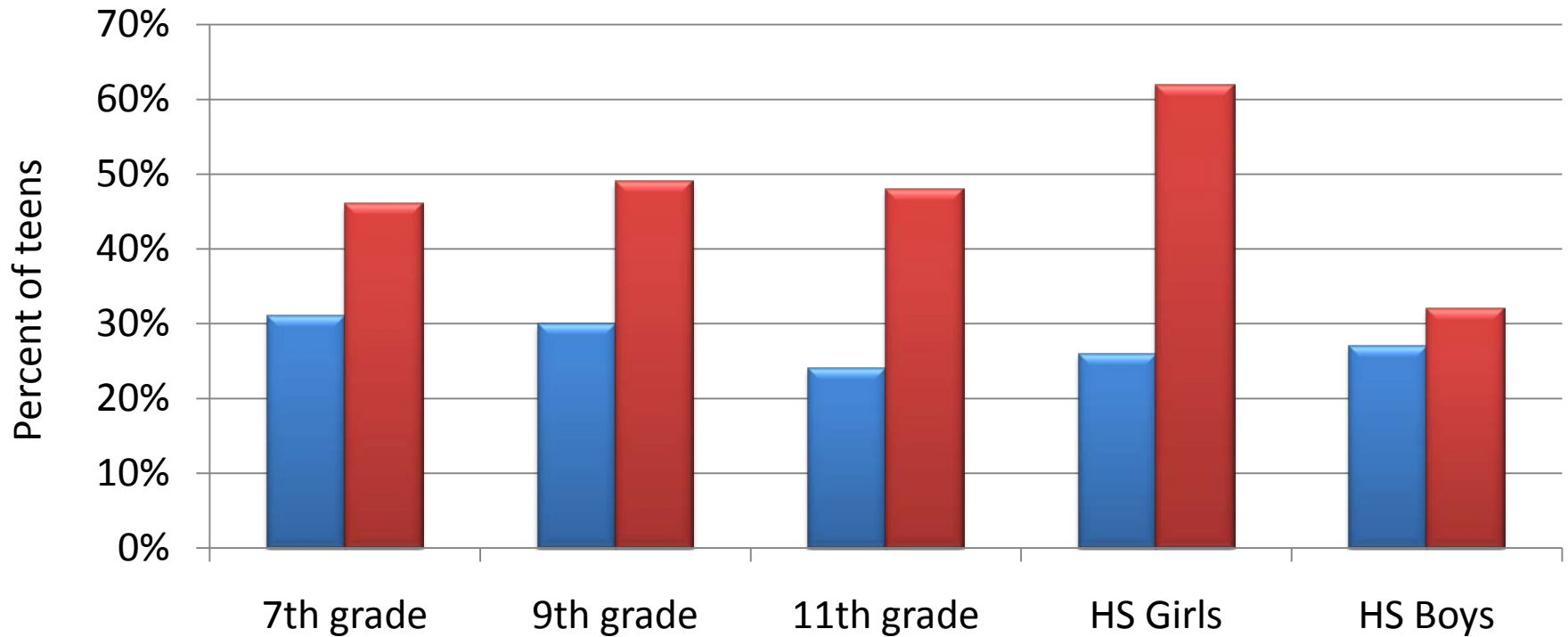
- Ate 5+ servings of fruit & vegetables/day
 - 46% of 7th graders
 - 24% of HS students
- Drank 3+ glasses of milk per day
 - 28% of 7th graders
 - 24% of HS Students





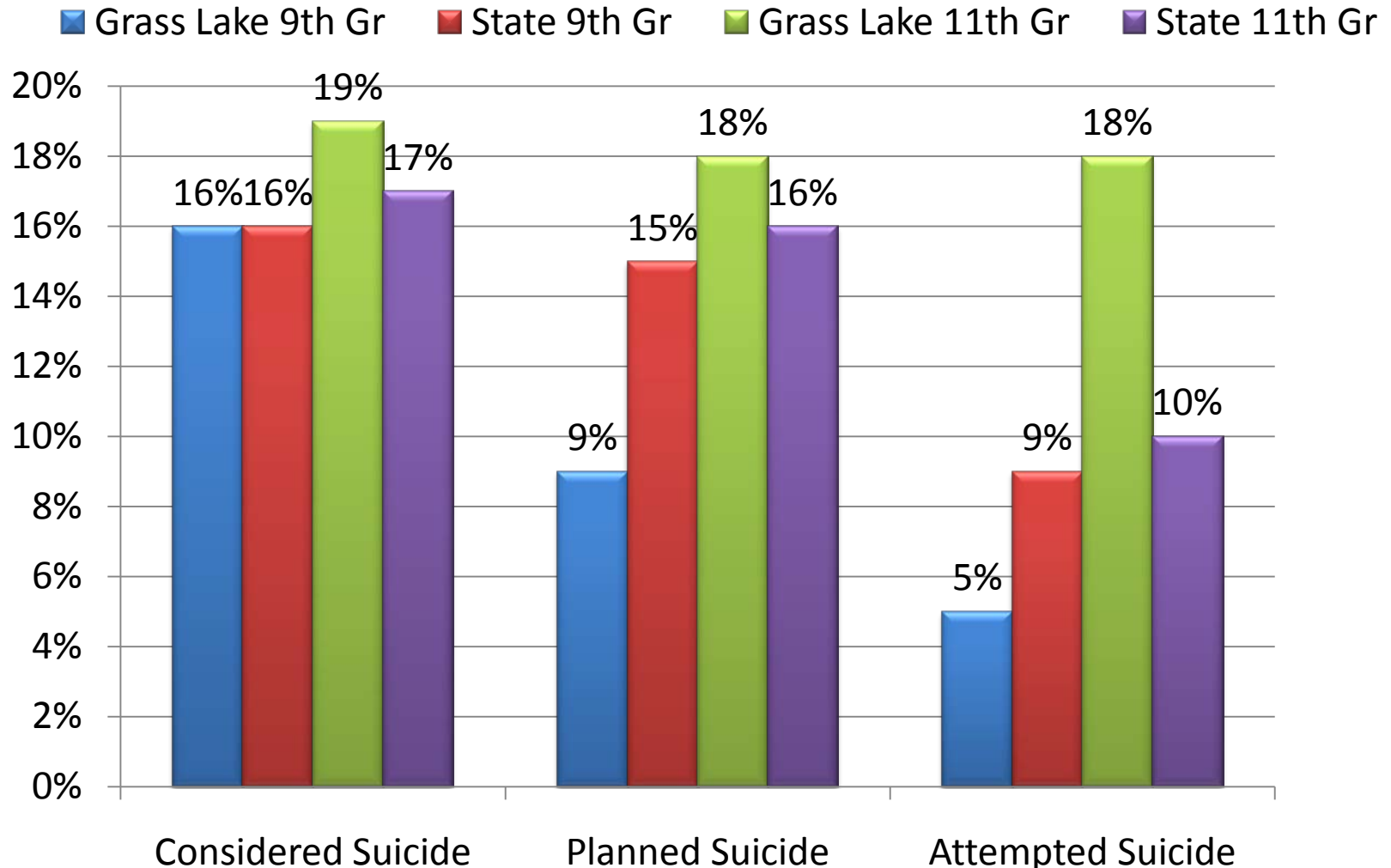
Q: Why are kids trying to lose weight, when they don't consider themselves overweight?

- Describe themselves as slightly or very overweight
- Currently trying to lose weight





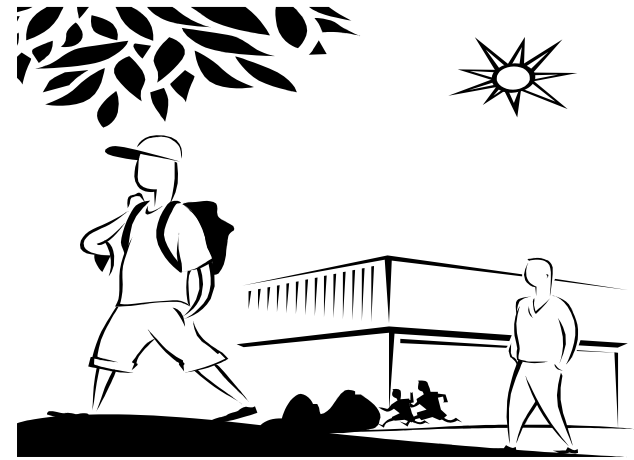
2 out of every 11 Grass Lake 11th graders report having attempted suicide during the past 12 months



Source: 2010 Michigan Profile for Healthy Youth Survey, Grass Lake Community Schools, State data from 2009 Michigan YRBS

86% of Grass Lake middle schoolers and 83% of high schoolers feel safe at school

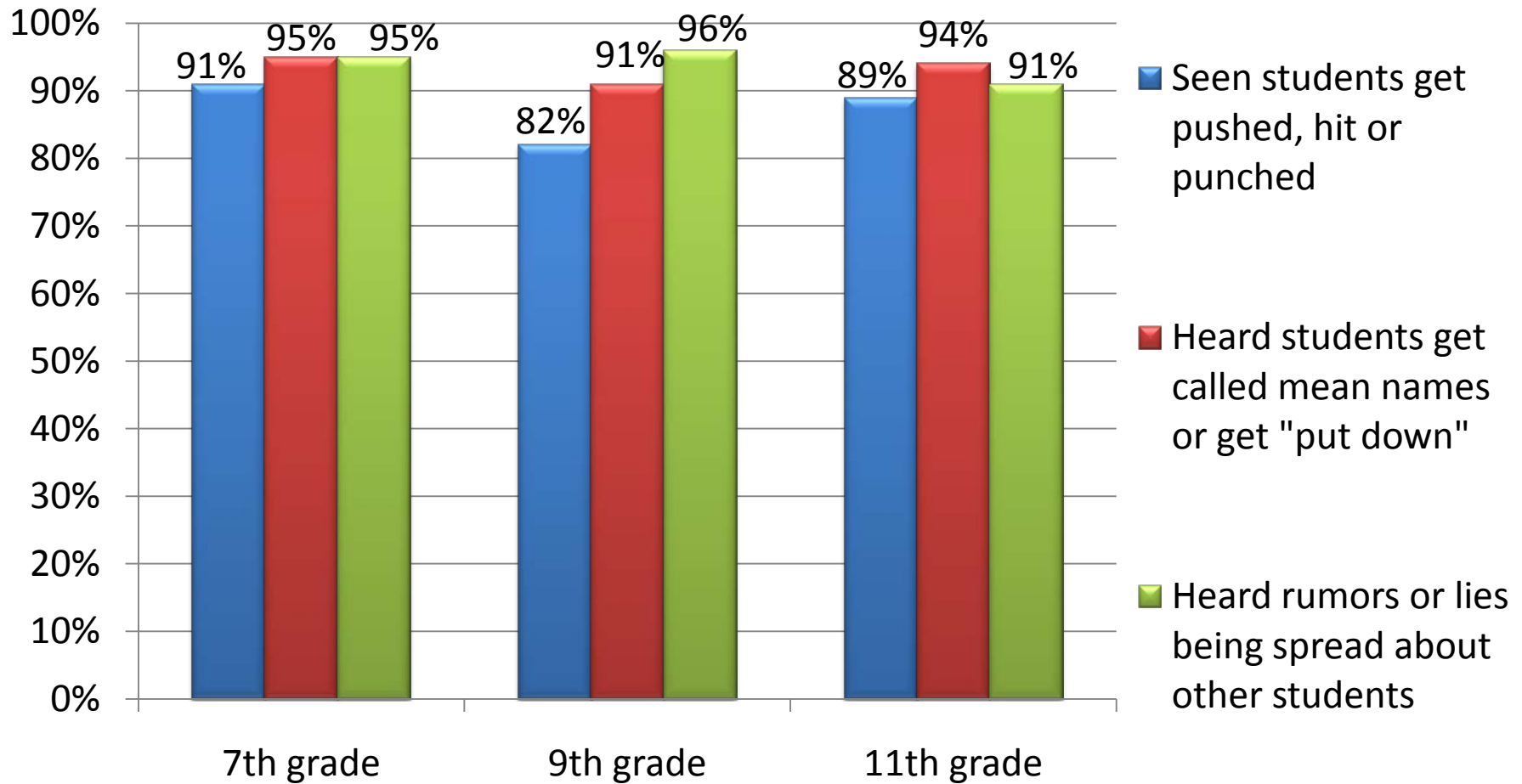
- Carried a weapon such as a gun, knife or club on school property
 - 1% of 7th graders
 - 3% of HS students during the past 30 days



- Were threatened or injured with a weapon such as a gun, knife, or club on school property during the past 12 months
 - 7% of HS students



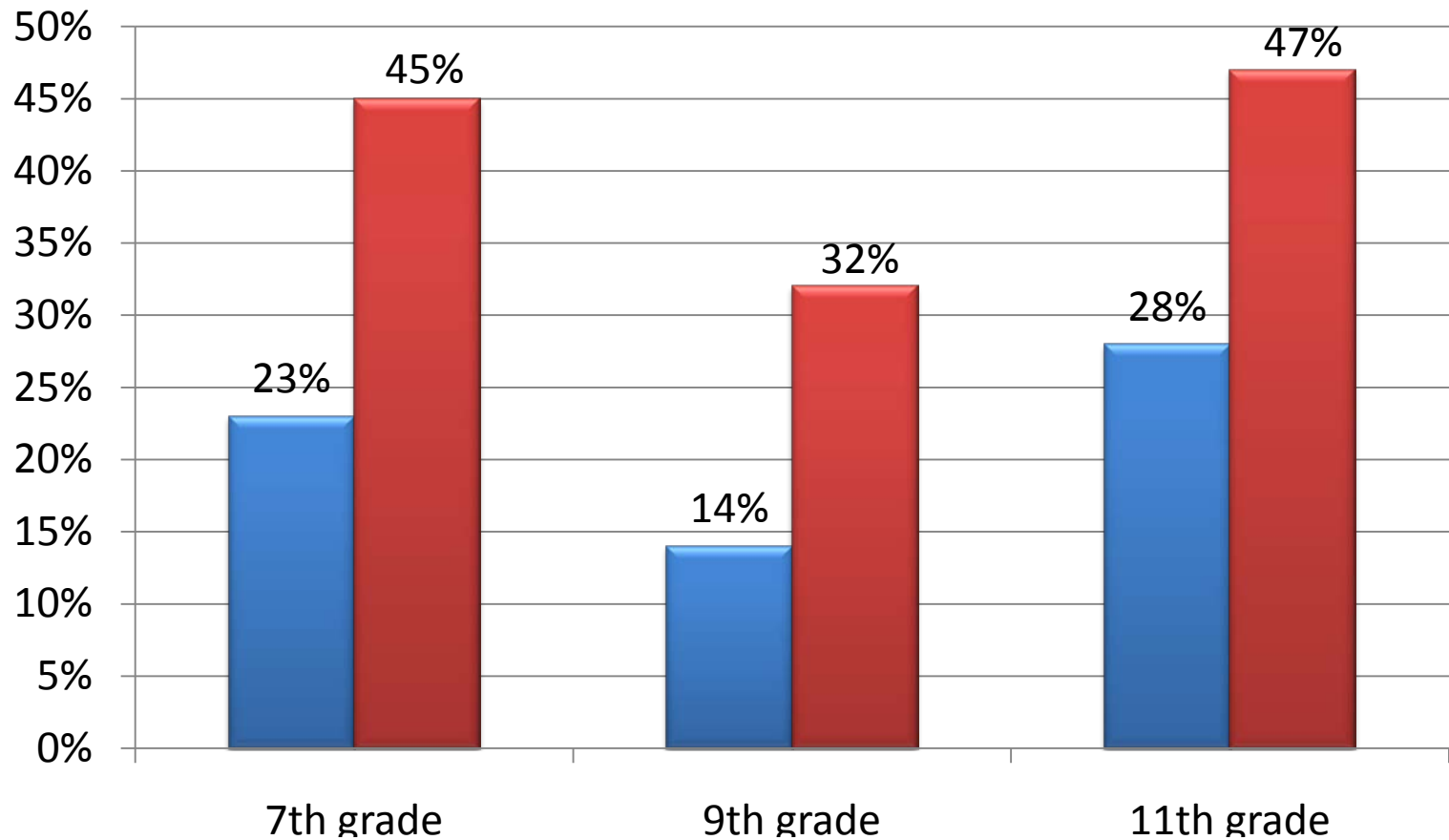
37% of Grass Lake 7th graders and 25% of high school students have been bullied on school property in the past 12 months





Cyber Bullying

- Read e-mail or website messages that contained threats to other students
- Read e-mail or website messages that spread rumors about other students



Source: 2010 Michigan Profile for Healthy Youth Survey, Grass Lake Community Schools