

# Manchester Wellness Coalition

## Meeting Minutes

April 23, 2013

12:00 Noon, Manchester Village Offices, Village Room

**Attendees:** Peter Girz, Ruth VanBogelen, Ray Berg, Jeff Wallace, Barry Allen, Amy Heydlauff, Shelley Hehr, Laura Seyfried, Kathy Benedict, Heather Sturm, Leah Sweet, Jen Wojtowicz

### 2013-2014 Plan and Review of Remaining 2012-2013 Work

The meeting focused primarily on preparation of the draft 2013-2014 Comprehensive Wellness Plan, due to CWF by May 1.

Each subcommittee chair (VanBogelen, Girz, Sturm, Seyfried, Berg) reviewed the status of the individual interventions being prepared for the plan. The objectives and budgets of each intervention were summarized in open discussion. Subcommittee chairs had previously met on April 16 to discuss the overall budget allocation among the proposed interventions. The final list of 10 interventions with a total budget of \$100,000 was agreed to. Subcommittee chairs need to complete and submit their intervention forms to Ray ASAP.

Each subcommittee chair also provided an overview of the current status of 2012-2013 approved interventions, and which interventions' unused funding may carry forward into 2013-2014, reducing or eliminating the need for additional funding in the 2013-2014 year. There are also 5 interventions approved for 2012-2013 for which grant requests have not been filed as of April 23. These five interventions' grant applications will be submitted before the June 7 deadline.

Ray Berg reviewed the status of the text portion of the plan, and comments received to date. Comments ranged from lessons learned, success/failure results, and suggested changes for next year. Ruth VanBogelen presented the draft of the "Circle of Support" diagram to be included as Figure 1 in our plan. The report will be sent out for final review and comments before the May 1 submittal date to CWF.

### March 26 MWC Health Expo/Prescription Drug Abuse Seminar

Committee members reviewed results from the March 26 event. The prescription drug panel was well structured, and received an excellent, detailed write-up in the *Enterprise*. We need to continue with community education efforts in this area.

The Health Expo offered a great variety of events and products for the whole family. Attendance was below expectations and the Coalition discussed alternative ways of outreach besides a dedicated, "stand-alone" MWC event.

### Facebook Page

Jennifer Wojtowicz agreed to prepare, launch and maintain a Facebook page for the Manchester Wellness Coalition. Thanks, Jennifer!