

## Manchester Wellness Coalition Meeting Summary

April 22, 2014 Meeting Summary

**Attendees:** Ray Berg, Jeff Wallace, Shelley Hehr, Kathy Benedict, Jennifer Mayes, Lindsay Hannah, Nancy Loudin, Amelia Woods, Matt Pegouskie and Ruth VanBogelen

1. Review of the draft Year 3 Plan. Below is a list of action items for coalition members. Please get these items to Ray by Monday April 28 for inclusion in the plan.

- Action: Intervention Leads please send Ray one or two sentences stating why the intervention is important to the Manchester community
- Action: Lindsay to provide more information and potentially new ideas for Year 4 interventions in the area, Avoid Unhealthy Substances
- Action: any additional testimonials from community members – send to Ray
- Action: any additional success stories – send to Ray
- Action: any ideas for Year 4 are being added to Table 2 – send ideas to Ray.

2. Rural fitness intervention is a Year 1 intervention and little progress has been made. Ray will send a memo to Amy to see if the funds remaining can be used for extended Manchester Wellness Center activities

3. Other

- Next Grant due date for interventions is June 6. If you need the funds in July, you'll need to fill out the grant request. It is pretty easy, but if you have questions contact Matt or Ruth ([matt@5healthytowns.org](mailto:matt@5healthytowns.org), [ruth@5healthytowns.org](mailto:ruth@5healthytowns.org)).
- Farmers Markets start May 8<sup>th</sup> – Thursdays from 4-8 pm
- Next Coalition meeting is May 27 at Noon in the Village Room