

Manchester Wellness Coalition

Meeting Summary – July 22, 2014

Attendees: Ray Berg, Barry Allen, Jeff Wallace, Shelley Hehr, Matt Pegouskie, Nancy Loudin, Ruth VanBogelen

1. Ray is preparing an update on the Shared Use Trail and the Kirk Park Renovations for the CWF BOD meeting the 4th Monday in August.
2. Grants to be submitted by Aug 1. Manchester Voices, Project Success, TNT, Healthy Chefs, Kirk Park Phase II, SR2S, FUTP60 and Community Read are all ready to upload and Ray will get these in the system. Leader in Me still needs a little more work – but should go in Aug 1. Community garden and Placements will be submitted later.
3. Janice will attend the August meeting to discuss possibilities for the Manchester Senior group activities. She has talked to Nancy about how to get fresh fruits and vegetables for the Senior meals as their budget does not allow these purchases.
4. Health Block at the Aug 2 Manchester Street Festival. Kathy Benedict has a list of activities and vendors on the Manchester Street Festival website which will be held at the NE corner of Wurster Park. If you are available to help on Aug 2nd, please contact Kathy at kbneonfrog@yahoo.com. There is no charge for vendors for this health block.
5. Surveys.
 - 1st a survey was sent to 40 people from the coalition list regarding the meeting day and time. The results show that the 4th Tuesday at noon in the Village Room is still the best option for those planning to attend.
 - 2nd survey is an external survey to get input from the community. Shelley and Laura put a draft together, a few corrections were made, discussion of offering gifts to those who take the survey (guest passes to the MWC, \$25 in Farmers Market coupons, etc.). The survey will be handed out at the Street Festival and the Football game (date to be determined).
6. Manchester received a Silver Level on the PAC survey (Promoting Active Communities) up from Bronze. Contributing factors were bike lanes on streets and the Village having a Complete Streets Plan.
7. Governors Fitness Award – there are awards for individuals and businesses. Action for all coalition members – we should nominate some individuals. 1. Bill Kemner for walking over 600 days in a row (as still going), 2. 3.
8. August meeting will be a review of survey data including HIP (Ruth), MiPHY (Cherie), PAC (Matt and Jeff) and NEAT if it has been completed by the meeting.
9. Trails – Matt attended a Michigan Trails meeting and learned that funds were available through the DNR for trails. The 5H towns fit the criteria except to have a 5H trail plan. The CAC meeting the 1st

Monday in October will bring together people interested in developing a 5H trail plan. Trails will be for economic development, secondarily for wellness. The plan should include how to campaign the benefits of trails to negate individuals and groups who are not in favor of trails because of potential issues with trail users not being respectful of areas around the trail. The 5H communities are located in an area where connection to other trails like the Lakeland Trail, the North Country Train and the Governors Showcase Trail is possible.