

Manchester Wellness Coalition

General Meeting

Tuesday, November 25, 2014

12:00 Noon

Village Room, Manchester Village Offices

AGENDA

1. Introductions
 2. Reiley Curran, CCH – Community Needs Assessment
 3. Reports on Interventions – Farmers Market, Community Garden, Manchester Street Festival, Manchester Youth Football, Library programs
 4. 5-Year Plan - Years 4 and 5 interventions look-ahead (see attached Table 1)
 5. *Manchester Mirror* article and 5-Year Plan MWC EDDM mailer
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1. **Next Scheduled Coalition Meeting is Tuesday, January 27, 12:00 Noon – Village Room**
 2. **Next grant submittal deadlines are December 5 and February 6**

• **Table 1. Brainstorming list of interventions for Year 4 Plan and Beyond**

Intervention	Champions	Status, amount requested
Manchester Voices, Project Success, Project TNT	Lindsay Hannah, Kathy Benedict	Continuing intervention , will roll these into one intervention, likely similar to Y3 @ \$23,500
Community Read	James Miller	Continuing, last year, likely \$2000
Farmers Market	Ruth VanBogelen	Continuing, likely \$8000 again, will roll in senior lunch program produce.
Community and School Garden Program	Ruth VanBogelen	Continuing, may include funds for hoop house at one of the schools.
Safe Routes to School	Jeff Wallace, Cherie Vannatter	Continuing, \$15,000 - \$25,000, Village will put in also, MDOT grant for over \$360,000 submitted
Gazebo Concerts	Carol Palms	Continuing, likely \$1200
Leader in Me (Klager)	Jennifer Mayes	Continuing (year 2 of 3 year program)
Healthy Chefs	Kevin Mowrer	Continuing, may be replaced by larger program including potentially an app like MyNutratek, Farm to School Program
Fuel up to Play 60	Tina Maly	Continuing – may not need funds
Youth Football	Amelia Woods, Wes Gall	Continuing – not sure if funds will be needed or if continued funding will be supported.
Swim Program	Kellie Ball	Continuing – need evaluation and process improvement information
Street Festival, Run Manchester	Amelia Woods	Continuing, funds may be need for the Run Manchester unless other sponsors can be found.
Placemats		Will not be continued
Library Kiosk		Will continue without need for funds, will be budgeted by the Library
Seed Catalog		Will continue without need for funds
Composting		Will continue without need for funds
Kirk Park		No further need
Riverfront Park improvements	Jeff Wallace	NEW - Timing for MNRTF grant is TBD – so on hold
Library physical fitness check out equipment	James Miller	New – determine interest, resources to be provided, format for operations
Retirement Community planning	Jeff Wallace	New – decisions at Village level are needed first
High School Fitbit program for at risk students	Kevin Mowrer	New – plan to receive funds from BCBSM ended, check with Kevin if still needed (~20 fitbits + advisor – probably \$4000-\$6000). May be a CAC sponsored program for all 5 communities??
Seniors program	Kathy Benedict, others TBD, Seniors Council rep	New – produce for lunch (roll into Farmers Market and Community Garden), Wellness Center Activities, school connections (senior prom, listen to kids read, kids make cards for seniors, etc.
Transportation for youth for special services not available locally	Lindsay Hannah	New – to be further developed

Adult Soccer league	Sara Swanson	New
Farm to School	Cherie Vannatter	New – relationship with Food Services Contract
Youth Body Image	Sara Swanson, Manchester Ladies Society	New
Stress Management ++	??	New - Help residents with turmoil, stress etc., with group meetings, stress management training or something. + follow up materials for current stress mgmt. training
Bike Racks	??	New - Improve PAC score with more bike resources in town
Middle School Track	Cherie Vannatter	New - Walking track around the MMS playground with joint use of community and wellness center members
Grocery Store Intervention	TBD	New – maybe work with Courtney Stinson
Restaurants	TBD	New – healthy menu options and promotions
Intervention for those with disabilities	TBD	New – example might be PEAC which is a biking program for people with disabilities
Need for mental health support services and resources for adults involving MCS students.	Jennifer Mayes	New – needs further development and understanding of limitations on funding.