

Manchester Wellness Coalition

General Meeting

Tuesday, June 24, 2014

12:00 Noon

Village Room, Manchester Village Offices

AGENDA

1. Introductions
2. Year 3 Plan Complete– June 6 grant applications submitted
3. Grant Requests to be Submitted August 1
4. MWC Presence at Manchester Street Festival – August 2
5. Look Ahead to 2014-2015 MWC Meeting Plans
 - Suggestions for structure/process changes, meeting date/time/format
 - See attached potential schedule and agenda for 2014-2015
6. Other Items

- 1. Next Scheduled Coalition Meeting is Tuesday, July 22, 12:00 Noon – Village Room**
- 2. Next grant submittal deadlines are August 1 and October 3**

Grant requests submitted June 6

- Farmers Market
- Summer Swimming Program
- Manchester Street Festival
- Manchester Youth Football
- Manchester Composting Program
- Community Garden/Library Collaboration
- Manchester Library Kiosk

Potential Agenda Items for 2014-2015 MWC Meetings

- July – Review of available and near-term health data (MiPHY data, BRFSS (HIP), NEAT and PAC).
- August – brainstorming a visioning session for a 5 year plan for the coalition. What do we want to achieve in the next 5 years? Can we be more proactive about interventions that help us achieve the objectives? Maybe this could be promoted to the community as a time to come and provide input. Maybe a picnic at one of the parks – which could serve as a celebration. Ideas: part of kick off meeting for the schools – could we piggy back on that meeting? Or if Kirk Park is done – have it there as an evening to celebrate? Or add to the Black Sheep Festival at the Farmers Market?
- September - borrowing ideas from the visioning session to formulate a list of goals, objectives, specific aims for the 5 year plan. Set objectives for year 1 of that 5 year plan (Year 4 Plan to CWF); review new NEAT and PAC data.
- October – Generate concepts for interventions for the Year 4 plan, and discuss how and why to evaluate existing interventions
- November – Review interventions that have been executed (Farmers Market, Community & School Garden, Kirk Park renovations, Composting, Kiosk at the Market, Seed Library)
- December – no meeting
- January – review the rest of the Year 3 interventions
- February – Review all proposed interventions and make decisions on priorities.
- March – Have all intervention tables ready for plan writer
- April – review plan to be submitted May 1
- May – no meeting

Manchester Wellness Coalition Meeting Summary

April 22, 2014 Meeting Summary

Attendees: Ray Berg, Jeff Wallace, Shelley Hehr, Kathy Benedict, Jennifer Mayes, Lindsay Hannah, Nancy Loudin, Amelia Woods, Matt Pegouskie and Ruth VanBogelen

1. Review of the draft Year 3 Plan. Below is a list of action items for coalition members. Please get these items to Ray by Monday April 28 for inclusion in the plan.

- Action: Intervention Leads - please send Ray one or two sentences stating why the intervention is important to the Manchester community
- Action: Lindsay to provide more information and potentially new ideas for Year 4 interventions in the area of Avoid Unhealthy Substances
- Action: any additional testimonials from community members – send to Ray
- Action: any additional success stories – send to Ray
- Action: any ideas for Year 4 are being added to Table 2 – send ideas to Ray.

2. Rural fitness intervention is a Year 1 intervention and little progress has been made. Ray will send a memo to Amy to see if the funds remaining can be used for extended Manchester Wellness Center activities, since the MWC is now the hub of community outreach fitness activities

3. Other

- Next Grant due date for interventions is June 6. If you need the funds in July, you'll need to fill out the grant request. It is pretty easy, but if you have questions contact Matt or Ruth (matt@5healthytowns.org, ruth@5healthytowns.org).
- Farmers Markets start May 8th – Thursdays from 4-8 pm
- Next Coalition meeting is May 27 at Noon in the Village Room