



Manchester Wellness Coalition

Meeting Summary October 27th, 2015

Attendees: Laura Seyfried, Ashley Tomasi, Matt Pegouskie, Shelley Hehr, Patty Swaney, Cindy Dresch, Barry Allen, Nancy Loudin, Cherie Vannatter, Ashley Worth, Kerri Ralls, Lindsay Hannah, Jeff Wallace

Coalition Updates

1. **October 3rd Manchester Wellness Open House**-Shelley Hehr. The Wellness Center had an Open House on October 3rd from 11:00 AM-2:00 PM. The turnout was not as high as hoped for. Wellness Center staff believe a lot of it may have been due to the U of M vs. MSU game that was going on that day. They did have a few new members sign-up at the event. They plan to hold another open house during the winter.
2. **CAC/5H Marketing Update**-Matt Pegouskie.
 - **CAC:** The Community Advisory Committee will be once again meeting on November 2nd to continue discussing 5H marketing. At the last meeting it was decided the focus should be on marketing to promote the Coalitions and individual interventions with the hope of increasing the number of volunteers. The Foundation will be distributing coffee holders with the 5H logo to coffee shops in each of the 5H communities to further promote the logo.
 - **5H:** Stockbridge just installed new benches along their Community Pathways trail. Benches were built by Coalition members. Grass Lake is in the process of finalizing their Year 4 plan. It will be reviewed by the CSI committee on November 4th. There are currently 12 interventions in their plan. Dexter is beginning to compile information for their Year 4 plan. They will submit the plan in December or January. Chelsea recently put out a call for proposals and is compiling a list of potential interventions for their Year 5 Plan.
3. **Manchester Coalition nominee for CRC's Volunteer of the Year: Lindsay Hannah.** The CRC Banquet will be held Friday November 6th at St. Joseph Mercy Chelsea. This year's theme is the Manchester Bridge. There are currently 19 nominees for the Volunteer of the Year. Congratulations and good luck Lindsay!
4. **2015 Coalition Survey: Results for Manchester**- (see attached in email)
 - Strengths
 - Meetings are run efficiently and enough meetings are held throughout the year to allow for the completion of Coalition tasks
 - Members know the needs that are present in Manchester
 - Members know what programs and services are available at the Wellness Center
 - Members understand Coalition processes (i.e. filling out intervention tables, e-Grant)



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- Members are satisfied with the amount of information provided on proposed and completed interventions
 - Members feel comfortable explaining Coalition processes to others
 - Weaknesses
 - Improving ways in which the Coalition keeps informed on what is going on in the other 5H Coalitions
 - Increasing the number of Coalition volunteers
 - Planning Community Events
 - Understanding how to prepare intervention evaluation presentations
5. **Year 5 Plan development**-(see attached in email). The Coalition reviewed and gave updates on the current list. There was a suggestion to add marketing to the current list. During the November meeting we will further prioritize and discuss the current list of interventions. We will start preparing intervention draft in January.
- Ray will be submitting a press release to the Manchester Mirror calling for intervention proposals from the community on November 9th. We will examine feedback at the November 24th meeting
 - The Foundation will receive 2015 HIP data for the 5 Healthy Towns on October 30th. The Foundation hopes to present the data to the coalitions in December or January. Washtenaw County will be doing an initial roll-out of this data on November 10th at their community advisory committee meeting. For those interested in attending the meeting, please contact Ashley (ashley@5healthytowns.org) for more information. RSVP deadline in October 30th.
6. **Year 3 and Year 4 completed intervention reviews**- In November we will begin reviews for completed Year 3 and 4 interventions. Review list for November is as follows:
- Year 4: Farmers Market, Community Garden, Gazebo Concerts.
 - Year 3: Safe Routes to School, Fuel Up to Play 60
 - Ray and Ashley will contact presenters with guidelines. Ray will email samples of these reports to intervention leaders.
7. **Events and Announcements:**
- **The next Dance Manchester event will be held on November 14th from 7:30 PM-10:00 PM in the Emanuel Church Gym Hall (see attached flier in email for more details)**
 - **Lindsay Hannah is looking for 19-23 year old Manchester residents to participate in a focus group to talk about the current climate of drugs and alcohol in Manchester. Please contact Lindsay if you know someone who may be interested (lindsay@kbamichigan.com)**

REMINDERS

1. **Next Scheduled Coalition meeting is Tuesday, November 24th, 12:00 PM-Village Room**
2. **Next grant submittal deadlines are December 4th and February 5th**