



Manchester Wellness

Meeting Summary September 22nd, 2015

Attendees: Ray Berg, Laura Seyfried, Jan Steinhauer, Ashley Tomasi, Matt Pegouskie, Shelley Hehr, Patty Swaney, Cindy Dresch, Barry Allen, Nancy Loudin, Jane Thompson, Ruth VanBogelen, Karin Villarreal, Cherie Vannatter, Dianne Schwab

This month's meeting was at the Emanuel Church Fellowship Hall. Coalition members had lunch with the seniors. Ray Berg gave a brief introduction of the Coalition and of current and upcoming interventions. The Coalition's monthly meeting was held following the luncheon.

Coalition Updates

- 1. Name Change of the Foundation-** The Chelsea-Area Wellness Foundation's Board of Directors voted last week to change the name of the Foundation to "5 Healthy Towns Foundation" (5HF). To view our Prezi announcing the name change please click on this link:
https://prezi.com/qf5yfmrs16wa/evolution-of-a-name/?utm_campaign=share&utm_medium=copy
- 2. Manchester Wellness Center Open House-**The Manchester Wellness Center (710 E. Main St.) will be having an Open House on October 3rd from 11:00 AM-2:00 PM. The event will include gifts for attendees and activities for children. Those who enroll for a membership during the event will receive October dues for free.
 - A postcard advertising the event along with Wellness Center class offerings and information on the Coalition will be mailed out to all 48158 addresses.
- 3. Manchester participation in 5H Marketing Program-Ideas submitted to date (see attached in email) and results of September 14 CAC meeting-** The Community Advisory Committee (CAC) concluded that the primary marketing needs of all the 5H Coalitions are advertising and recruiting volunteers to the Coalition. The Committee also expressed an interest in keeping informed of the activities of the other Coalitions. Possible solutions discussed at the meeting:
 - Creating a quarterly newsletter that would be distributed by mail or electronically to the Coalitions and Communities informing them of programs and events going on in each of the 5H Coalitions
 - Having a CAC/5H update on the agenda at monthly Coalition meetings
 - Changing the name of the Coalitions: i.e. "Manchester Wellness Coalition" to "5H Manchester" to allow for better branding
- 4. Other information from the September 14th CAC meeting-** The Committee also reviewed 5H results from the 2015 Coalition Survey. Manchester will review the Coalition's results of the survey at the October meeting. Marketing will continue to be a topic of discussion at upcoming CAC meetings. The next CAC meeting will be held at 6:00 p.m. on November 2nd at the Foundation Offices.



Manchester Wellness

5. **Coalition Volunteer of the Year-CRC November 6th Banquet at St. Joseph Mercy-Chelsea-**
Lindsay Hannah and Ray Berg were nominated at the meeting. Please email Ray if you would like to nominate someone from the Coalition. Deadline to nominate will be October 16th.
6. **Continue discussion on Year 5 Plan development and possible interventions (see attached in email)**

REMINDERS

1. **Non-Profit Roundtable, Tuesday September 22nd, 7-8 PM-Village Room**
2. **Manchester Wellness Center Open House, October 3rd, 11-2 PM-710 E. Main St.**
3. **Next Scheduled Coalition meeting is Tuesday, October 27th, 12:00 PM-Village Room**
4. **Next grant submittal deadlines are October 2nd and December 4th**