



Manchester Wellness Coalition

Meeting Summary June 23, 2015

Attendees: Laura Seyfried, Ray Berg, Lindsay Hannah, Jeff Wallace, Jan Steinhauer, Ashley Tomasi, Matt Pegouskie, Nancy Loudin

1. Introductions

2. Ashley Tomasi gave an update on the 2015 Washtenaw County HIP survey (see attached).

- The survey has only reached 212 of its desired 250 responses in Manchester
- Additional calls are being made 6/15-6/29
- Washtenaw County Public Health's main phone number (734-544-6700) will be the number to look for on your caller ID
- Please answer the call!

3. The coalition was waiting for The Leader in Me year 3 intervention grant to be filed, pending Klager receiving the large matching grant. This grant has been received. The \$5,000 grant app will now be filed, completing the Year 3 interventions.

4. The Year 4 plan was approved last night (6/22) by the CWF Board of Directors. Congratulations! The list of interventions for Year 4 includes:

Intervention Name	Budget
Safe Routes to School	\$20,000
Youth Football	\$8,080
Adaptive Movement	\$5,500
Dance! Manchester	\$5,400
Farmer's Market	\$8,000
Community School/Gardens	\$2,000
Healthy Chefs	\$10,800
Gazebo Concert Support	\$1,200
5H Community Read	\$2,000
Retirement Community Planning	\$5,000
Body Image	\$1,200
Stress Management	\$6,690
SRSLY	\$24,130
Total	\$100,000

5. The coalition reviewed new items:

- Senior Computer Classes
 - The library is offering two courses on computers to seniors. One course is on computer basics and the other is on social media. Classes will take place on Tuesdays and will tentatively begin in July/August.



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- One individual is interested in taking the basic computer class, but does not have transportation. The coalition is currently exploring ways that transportation may be able to be arranged/funded for this person.
 - As one possible solution, Ray Berg and Nancy Loudin will work together to apply for sponsorship grant funding from CWF.
- The coalition discussed the senior lunch meeting invitation for September 22. Coalition members will meet at the Emanuel Church at 12:00pm for lunch with the seniors. Following lunch, coalition members and interested seniors will gather for the monthly meeting. Lunch cost will be \$4.50 for those under 55 and \$4.00 for those 55+.
 - More information on this meeting TBA
- Manchester discussed reallocating unused Year 3 funds from the Library Kiosk, Seed Garden, and Eat Better Placemats (\$2,500) to go towards the 5H marketing plan.
 - Ray Berg will obtain approval from Amy Heydlauff at CWF for this reallocation.
- Year 4 status updates were presented:
 - SRSLY, will begin in October
 - Adaptive Movement, will begin in August
 - Dance! Manchester, will begin in September
 - Stress Management, will begin in August
 - Body Image, intervention leaders will be meeting with Matt the second week of July to work on incorporating more best practices
 - Retirement Community Planning, will be starting in July, pending UMRC progress
 - Gazebo Concerts, in progress
 - Community Read, this year's book will be *A Hole in My Life* by Jack Gantos. Kick-off will be at Grass Lake's Heritage Days
 - Farmer's Market, in progress.
 - Community and School Garden, in progress
 - Healthy Chefs- will begin in September. Matt is meeting with intervention leaders to rework parts of the intervention table
 - Safe Routes to School, in progress
 - Youth Football, will begin in August
 - At a minimum, the following interventions need to submit grants by the next cycle (**August 7th**)
 - Safe Routes to School
 - Youth Football
 - SRSLY
 - Adaptive Movement
 - Dance! Manchester
 - 5H Community Read
 - Healthy Chefs
- The coalition briefly discussed making changes to the day and time of meetings for 2015-2016. At this time no change will be made to the current meeting day/time. This item will be revisited at the July meeting for further discussion.
- A coalition meeting calendar was proposed for 2015-2016 (see attached).



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- Ray Berg discussed that a major topic for the July MWC meeting will be the current status of Manchester Wellness Center memberships, programs and outreach programs.

REMINDERS

1. Next scheduled coalition meeting is Tuesday, July 28th, 12:00 Noon-location TBD (Manchester Wellness Center or Village Room)
2. Next grant submittal deadline is August 7th