



Grass Lake Community Wellness Initiative

Meeting June 20th, 2016, 6 p.m. Township Hall

1. Introductions

2. Intervention Review:

- *Year 4-Project Safe Graduation- Mike Willis and Michelle Whitley (2nd year of funding)*
 - Project Safe Graduation's mission is to provide a safe, drug and alcohol-free graduation celebration for graduating seniors incorporating education, entertainment and excitement while creating a lifelong memory of classmates and of a caring community.
 - Target Group:
 - High School Seniors
 - Goals:
 - Provide a safe, drug and alcohol-free graduation celebration for graduating seniors incorporating education entertainment and excitement while creating a lifelong memory of classmates and of a caring community
 - Reduce the number of students who make unhealthy choices specifically the Friday before graduation
 - Key Evaluation Data:
 - Number of student participants
 - Number of students involved in incidents
 - Pre and post surveys of students

3. Continue developing a list/budgets for potential Year 5 Interventions

- Below is a list of potential Year 5 interventions and estimates on funding. The Year 5 Plan will be submitted to the 5 Healthy Towns Foundation Board of Directors in November 2016. Budget for Year 5 is \$75,000. We will continue to develop this list over the next few months.

Intervention Name	Budget	Coalition Review: Year 4
Healthy Eating Classes	\$4,200	Reviewed in May 2016
Project Safe Graduation	\$1,000	Reviewed in June 2016
Farmers Market	\$20,000	Reviewed in January 2016
Sports/Trails/Parks	\$10,000	August 2016?
Food for Friends	\$1,500	December 2016
Senior Activities	\$5,000	July 2016
Outdoor Yoga	\$1,000	September 2016
My Choice My Health	\$5,500	Fall 2016
Safe Routes to School	\$20,000	August 2016?
Event Sponsorships	\$4,000	N/A
TOTAL	\$72,200	---
Wish List		
School Fitness Coordinator	\$22,000	Reviewed in April 2016
Community Garden	\$0 (looking for someone to take the lead)	N/A
Boys on the Run	?	N/A



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4. 5H Strategic Planning and Visioning Sessions- would like to have 3 more coalition members for the sessions.
5. Update on Safe Routes to School
6. 5H Walk to End Alzheimer's-Looking for representation for the 5H communities to be on the planning committee.
7. Any Other Items?
8. Announcements

Reminders:

- ***Next grant submission deadline is August 5th***

Upcoming meetings

July 18th	Review of the Senior Center, 2016 NEAT data
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