



Grass Lake Community Wellness Initiative

Meeting July 18th, 2016, 6 p.m. Township Hall

1. Introductions

2. St. Joseph Mercy Chelsea: Behavioral Services Specialist for 5 Healthy Towns- Nancy Siegrist

3. 2016 Nutrition Environment Assessment Tool (NEAT) results- Lauren McKimmy

4. Continue developing a list/budgets for potential Year 5 Interventions

- Below is a list of potential Year 5 interventions and estimates on funding. The Year 5 Plan will be submitted to the 5 Healthy Towns Foundation Board of Directors in November 2016. Budget for Year 5 is \$75,000. We will continue to develop this list over the next few months.

Intervention Name	Budget	Coalition Review: Year 4
Healthy Eating Classes	\$4,200	Reviewed in May 2016
Project Safe Graduation	\$1,000	Reviewed in June 2016
Farmers Market	\$20,000	Reviewed in January 2016
Sports/Trails/Parks	\$10,000	August 2016?
Food for Friends	\$1,500	December 2016
Senior Activities	\$5,000	August 2016
Outdoor Yoga	\$1,000	September 2016
My Choice My Health	\$5,500	Fall 2016
Safe Routes to School	\$20,000	August 2016?
Event Sponsorships	\$4,000	N/A
TOTAL	\$72,200	---
Wish List		
School Fitness Coordinator	\$22,000	Reviewed in April 2016
Community Garden	\$0 (looking for someone to take the lead)	N/A
Boys on the Run	?	N/A

Need to discuss:

- Healthy Eating Classes: Explore ways to expand or rotate participation
- Feelings on adding sand volleyball courts to the list?

5. 5H Magazine- Ashley Tomasi

6. Any Other Items?

7. Announcements

Reminders:

- Next grant submission deadline is August 5th***



Grass Lake Community Wellness Initiative

Upcoming meetings

August 15th	Lori Kintz comes to collect info on the Y5 Plan, Review of the Senior Center, Sports/Trails/Parks?
-------------	--