



## Grass Lake Community Wellness Initiative

Meeting September 19<sup>th</sup>, 2016

**Attendees:** Doug Moeckel, Ben Dandrow, Jim Stormont, Joyce Sager, Dawn Cuddie, Steve Moyer, Trinh Pifer, Michelle Rankin, Lori Kintz, Matt Pegouskie, Ashley Tomasi

### 1. Introductions

### 2. Coalition group photo for Year 5 Plan-see attached in email

### 3. Year 5 Plan: The coalition will review and provide feedback on the first draft of the plan. Lori Kintz will be at the meeting to go through the plan and to continue to collect information. See draft 1 of the plan attached in email.

- Lori Kintz presented the first draft of the Year 5 Plan. Coalition members reviewed the draft and provided feedback.
- We are looking for information on the following items:
  - Progress on Year 4 interventions for Farmers Market/Music in the Park, Food for Friends, and Yoga by the Lake email (ashley@5healthytowns.org).
  - Marketing/social media links
    - Coalition members are asked to provide links to social media websites for their interventions. Email links to Lori Kintz (lorikintz3000@gmail.com)
  - Intervention photos
    - Send Lori Kintz ([lorikintz3000@gmail.com](mailto:lorikintz3000@gmail.com)) photos from your intervention

*The coalition will review the final draft of the plan at our October 17<sup>th</sup> meeting.*

### 4. Continue developing a list/budgets for potential Year 5 Interventions

- Below is a list of potential Year 5 interventions and estimates on funding. The Year 5 Plan will be reviewed by the 5 Healthy Towns Foundation Board of Directors in November 2016. Budget for Year 5 is \$75,000.

Intervention Name	Budget	Coalition Review: Year 4
Healthy Eating Classes	\$4,200	Reviewed in May 2016
Project Safe Graduation	\$1,000	Reviewed June 2016
Farmers Market	\$20,000	Reviewed in January 2016
Sports/Trails/Parks	\$10,000	August 2016?
Food for Friends	\$1,500	December 2016
Senior Activities	\$5,000	Reviewed August 2016
Outdoor Yoga	\$1,000	September 2016
My Choice My Health	\$5,500	Fall 2016
Safe Routes to School	\$20,000	Reviewed June 2016
Event Sponsorships	\$4,000	N/A
<b>TOTAL</b>	<b>\$72,200</b>	---

**Need to discuss:**



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- Should we have the remaining \$1,700 go towards sponsorships for Music in the Park?
  - Some coalition also voiced interest in developing a communication app for Grass Lake events. This was discussed by the group that attended the strategic planning meeting
  - Coalition members present at the meeting voted to put \$1,300 towards additional sponsorships for Music in the Park and \$400 towards app development.
  
- 5. **Review revisions to the coalition evaluation process. New PowerPoint and form template-see attached in email**
  - The Foundation has made revisions to streamline the coalition evaluation process for 2016-2017
  - Previously, Intervention leaders completed two steps:
    - (1) give an evaluation presentation to the coalition
    - (2) submit an evaluation form to the Foundation
  - This year we have created a template to simplify these two steps into one step.
  - Intervention leaders can now choose to EITHER use the PowerPoint presentation template or to fill out the evaluation form and bring that to the meeting with copies for everyone that will be shared and reviewed with at the meeting.
  - The templates has all of the questions previously included in the evaluation form that was submitted to the Foundation.
  - Once you complete your evaluation (EITHER presentation OR form that you share with the coalition, your choice) you will not have to worry about submitting another form to the Foundation. The presentation will also be your evaluation form for the Foundation.
  - *Email Ashley ([ashley@5healthytowns.org](mailto:ashley@5healthytowns.org)) with questions.*
  
- 6. **Other items/Announcements**
  - Farmers Market-Wednesdays 4 PM-7PM, Whistlestop Park, May-October
  - Music in the Park- 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays, 6 PM-8 PM, Whistlestop Park, May-September
  - 5H Walk to End Alzheimer's- Sept. 24<sup>th</sup> [http://act.alz.org/site/TR/Walk2016/MI-MichiganGreatLakes?pg=entry&fr\\_id=9071](http://act.alz.org/site/TR/Walk2016/MI-MichiganGreatLakes?pg=entry&fr_id=9071)

### Reminders:

- **Next grant submission deadline is October 7<sup>th</sup>**

### Upcoming meetings

October 17 <sup>th</sup>	Review final draft of Y5 plan. Discuss plans for a November celebration. Select coalition members to present at November CSI meeting. Review Outdoor Yoga?
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