



Meeting November 22nd, 2016

Attendees: Ray Berg, Ashley Tomasi, Matt Pegouskie, Ruth VanBogelen, Cindy Dresch, Nancy Loudin, Cherie Vannatter, Dianne Schwab, Carol Palms, Sara Swanson, Janice Steinhauer

1. Year 5 Intervention Reports (see reports attached in email)

- **Farmers Market-Ruth VanBogelen (report will be finalized by the market committee at their next meeting)**
 - Budget: \$6,000
 - Description: The Farmers Market provides a place for local farmers and artisans to sell to the public. The market is open Thursdays from May through mid-October from 3:30pm-7pm at Chi-Bro Park on M-52 in Manchester: All ages
 - Target group
 - Goals: 1) Host 25 markets, average 3 produce vendors, data within 10% of 2015 2) Implement a sustainability plan
 - Key data: 7,370 customers, Gross Sales \$38,716, 8 food demos, revenue \$6,439
 - Applying or Year 6 Funding: Yes
- **Stress Management-Cherie Vannatter and Ruth VanBogelen (an update will be given once the program has concluded)**
 - Budget: \$6,480
 - Description: Target specific groups including students, parent groups, school staff, community groups, professional offices, and the library. Program will be offered at different levels from stress awareness to stress management.
 - Target group: 8th grade-seniors
 - Goals: 1) engage students in conversation about stress and how it can be managed, 2) make school staff aware of their stress levels and stress management, 3) distribute stress cards and other materials at events in which parents attend 4) work with community groups to get people talking about stress and assist them in identifying their own stress levels 5) provide stress materials to library and track check outs
 - Key Data: Number of books distributed (to come) 387 student profiles distributed, 17 adults profiles distributed, 30 stop stress this minute books distributed, 44 surveys collected
 - Applying for Year 6 funding: Unsure at this time
- **Gazebo Concerts-Carol Palms (update evaluation form to reflect Year 5)**
 - Budget \$1,200 Year 4 (\$2,000 Year 5)
 - Description: Outdoor, family-friendly concerts held during the summer to encourage patrons to connect with others
 - Target Group: All ages
 - Goals: 1) Have at least 100 in attendance per concert 2) Increase movement and dance of people attending the concerts
 - Key data: 7 concerts held, average of 100 attendees per concert, 2 hours per concert
 - Applying for Year 6 funding: Yes



Manchester Wellness Coalition

- *We will continue with review in December and January*
- Pending Year 4 reports to be submitted: Healthy Chefs and Youth Football Year 2

2. **Update on 5HF Manchester Strategic Plan (see attached strategic plan draft in email)**

- The Strategic Planning group will meet in December to finish revising the plan. The finalized plan will be sent to the coalition for review
- The finalized plan will be presented to the coalition in January
- The group will meet with planning session facilitator Jen Booher in January who will evaluate progress and offer guidance

3. **Progress Report from Health Data Review Team**

- The group met in November to review local health survey results to identify health needs in Manchester. Survey reviewed were the NEAT, PAC, HIP, and MiPHY
- Findings:
 - NEAT: need to increase food education opportunities
 - PAC: survey format is currently being redone. TBD
 - MiPHY: Increase community awareness about drug and alcohol issues among youth. Interest in running a session of St. Joseph Mercy Chelsea's Drugs 101 program in Manchester
 - HIP: identify programming to reduce youth screen time and to address mental health
- The committee will meet again in December and give an update at either the January February meeting. The group is hoping to put out a call for proposals press release asking for interventions that address these identified needs

4. **Year 6 Planning Schedule and Proposed Interventions**

- Ideas submitted to date: Adaptive Movement, Mobile Salad Bar/Food Education, Sesquicentennial Events Support, Farmers Market, Gazebo Concerts

November to March-Define and prepare Year 6 Intervention Tables

November to April- Present completed Year 5 Intervention Reports

March- Begin development of Year 6 Plan document (Lori Kintz)

April-First draft of plan

May-Finalize plan

June-5HF Board approval of plan

REMINDERS

1. Next Meeting: Tuesday, January 24th, 2017 at Noon in the Village Offices
2. Next grant submittal deadline is December 2nd
3. Weekly advertising opportunities in *The Manchester Mirror* for your intervention or project-contact Sara Swanson, themanchestermirror@gmail.com