

Grass Lake 2016 NEAT Results



What is the NEAT Survey?

- Nutritional Environment Assessment Tool
- Assessment of a community's environment and policies related to promoting and supporting healthy eating within the following settings:
 - Workplaces
 - Community
 - School

Why is the NEAT important?

- Support—measures how supportive employers, schools and the community are to healthy eating practices
- Guidance—functions as a guide for future interventions, policies, and programs within the community

Levels of Support

Support Rating	% of Total Possible Points
Not at all Supportive	Less than 50
Partially Supportive	50-74.9
Mostly Supportive	75-89.9
Fully Supportive	90-100



2014 Grass Lake Support Level:
Partially Supportive

2014 Support Level Breakdown

Section	% of Total Points	Support Rating
Community	45.8 (71 of 155)	Not at all Supportive
Worksite	45.2 (19 of 42)	Not at all Supportive
Schools	72.0 (67 of 93)	Partially Supportive
Overall	54.1 (157 of 290)	Partially Supportive

2016 Grass Lake Support Level:
Partially Supportive

2016 Support Level Breakdown

Section	% of Total Points	Support Rating
Community	46.5 (72 of 155)	Not at all Supportive
Worksite	47.6 (20 of 42)	Not at all Supportive
Schools	94.6 (88 of 93)	Fully Supportive
Overall	62.1 (180 of 290)	Partially Supportive

- Community- Increased (+0.7%)
- Worksite- Increased (+2.4%)
- Schools- Increased (+22.6%)
- Overall- Increased (+7.0%)

Community Strengths

- Weekly farmer's market
- Healthy cooking classes
- Food For Friends
- My Choice My Health
- Grass Lake Senior Center
- Fresh Food Initiative
- Collaboration between the community schools and wellness coalition

Possible Improvements

- Work with restaurant owners to offer healthier menu options
- Work with grocery stores to offer more healthy options at a reasonable cost
- Work with employers in our community to promote more healthy eating initiatives in the workplace