



Chelsea Friends and Family Wellness Coalition

Meeting Agenda: November 3rd, 2016 at 12:00 pm, 5 Healthy Towns Foundation Conference Room (14800 E Old US Hwy. 12, Chelsea)

- 1. (12:00-12:05) Introductions**
- 2. (12:05-12:25) Review of Camp Gabika-Year 5 (Andrew Thomson)**
 - 4th year of funding-\$8,100
 - # of participants?
 - Participants' total minutes of physical activity?
 - # of healthy snacks consumed?
 - # of healthy decision making surveys collected for campers and parents?
- 3. (12:25-12:40) Review of Healthy Selfies-Year 4 (Luman Strong)**
 - 1st Year of funding-\$1,560
 - # of selfies
 - # of types of event captured in each of the focus areas
 - Demographics of participants
 - Location of healthy event (local or distant, nature or commercial)
- 4. (12:40-12:55) Review of Run for the Rolls-Year 5 (Cindy Burdette)**
 - 5th Year of funding-\$2,000
 - # of participants (Goal: 300)
 - # of training program participants (Goal: 10)
 - # of surveys collected and survey feedback
- 5. (12:55-1:10) Adaptive Movement for All-Year 4 (Jane Thompson)**
 - 2nd Year of funding-\$7,000
 - # of participants
 - # of classes held
 - Feedback from participants/instructors

A schedule for Year 5 intervention reviews for Oct 6, Nov 3, Dec 1 is below.

Year	Intervention	Review Month 2015	Review Month 2016
4	Adaptive Movement	October	November
4	Healthy Selfies	---	November
4	SRSLY	December	December
5	Farmers Market	November	December
5	Camp Gabika	November	October
5	Run for the Rolls	November	November
5	Heart and Sole	November	August
5	Ironclad Baseball Festival	December	October
5	Indoor Walking Trails	--	Fall 2017?
5	Bark Park	---	?
5	Bike Racks	---	Fall 2017

Please let Ashley (ashley@5healthytowns.org) know if you need to switch your review month



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6. (1:10-1:15) Continue developing a list of interventions for Year 6. Press release was sent out to the community on specific needs. Proposal deadline for new or continuing interventions is December 2nd. Suggestions for new interventions?

Intervention Name	Request to be considered for the Year 6 Plan	Budget
SRSLY	Yes	?
Run for the Rolls	Yes	?
Heart and Sole	Yes	?
Farmers Market	Yes	?
Camp Gabika	Yes	?
Adaptive Movement	Yes	?
Ironclad Baseball Festival	?	?

Potential new intervention ideas for the Year 6 plan:

- Healthy Art Activity-target youth or seniors
- Youth Healthy Eating Coordinator-person to connect already existing 5H youth nutrition programming. Possible collaborators include the farmers market, Chelsea Community Kitchen, Intergenerational Garden, and Camp Gabika
- Walking Program Marketing
- Sponsorship for the Huron Waterloo Pathways
- Eddy Discovery Center Playscape

7. (1:15-1:20) Other items/Announcements

A look ahead to September 2016 – April 2017 meetings

- **December 1 – Review list of interventions for Year 6 Plan, evaluation of some interventions**
- **January 5 – Hear presentations from proposed Year 6 interventions**
- **February 2 - Hear presentations from proposed Year 6 interventions, Lori Kintz comes to discuss needs for the narrative part of the Year 5 plan (pictures, testimonials, etc.)**
- **March 2– review the draft plan, report from the Plan Team about the budget for the Year 6 Plan**
- **April 6– final touches of Year 6 which would be submitted next day**

REMINDERS:

- **The next meeting will be November 3rd at 12:00pm in the 5HF Conference Room**
- **Upcoming Grant Submittal Deadlines: December 2nd**