



Chelsea Friends and Family Wellness Coalition

Meeting: May 5th, 2016 at 12:00 pm at 5 Healthy Towns Foundation Conference Room

Attendees: Gary Maynard, Andrew Thomson, Ashley Tomasi, Kathy Carter, Matt Pegouskie, Lisa Carolin, Karla Bernath, Jesse Kauffman, Jim Randolph, Jon Van Hoek, Cindy Burdette, Maggie Gibbons

A meal was provided at the meeting to celebrate the coalition's yearly accomplishments

Introductions

1. 5H Walk to End Alzheimer's, September 24th in Chelsea (see PowerPoint attached in email)-Maggie Gibbons

- Walk will start at the Chelsea Clocktower. Registration 9 AM, Opening Ceremony 10 AM, Walk begins 10:15 AM
- Volunteer needs:
 - Committee members-hoping to have individuals from each of the 5H communities sit on their planning committee
 - Volunteers to help with operations the day of the event
 - To volunteer for either of these opportunities email Maggie Gibbons (mgibbons@alz.org) or call 734-369-2716

2. Continue discussion on possible smoking cessation campaign

- The coalition continued their discussion on smoking cessation from the April meeting.
- Last month the idea was brought up to launch a social media smoking cessation campaign to raise awareness and participation in the Great American Smokeout
- Other ideas discussed at the meeting:
 - Prohibit smoking at all 5H interventions
 - Target those affected by second hand smoke (pet lovers, vets)
 - Partner with mParks
 - 2015 HIP survey suggests highest smoking rates are among those 18-29 years of age (target group?)
 - Reach out to business owners
- Next Steps:
 - Form a subcommittee comprised of members from all areas of the community (schools, businesses, hospital, etc) to determine an action plan for the Chelsea Community.
- If interested in being a part of the subcommittee please contact Ashley (ashley@5healthytowns.org)

3. 5 Year Plan reviewed by CSI committee May 4th. Plan will be reviewed by the Foundation Board of Directors May 23rd. Next steps for intervention leads pending plan approval:

- **Apply to release intervention funding through e-Grant**
 - Please contact the Foundation if you have questions about the e-Grant process.
- **Grant Review Committee meets every other month to review grant applications**
 - Next e-Grant deadlines are June 3rd and August 5th. If you will need funding for your intervention before August 5th please apply by the June 3rd deadline.
- **Follow-up reports. New policy**
 - In order for funding to be released for your intervention you MUST turn in all evaluation reports you have from previous interventions. Failure to do so will result in the Foundation withholding funds. *New to the policy this year, any missing*



reports will result not only in having funds for your intervention withheld, but ANY intervention that is under your fiscal agent.

- **Remember: Include 5H logo on all marketing materials and review templates for signage/t-shirts with the coalition before printing**
- **Pending approval, the following interventions should apply through e-Grant for the June 3rd grant review cycle (as listed in the intervention tables):**
 - **Camp Gabika**
 - **Adaptive Movement**
 - **Indoor Walking Trails**
 - **Bike Racks**
 - **Run for the Rolls**
 - **Ironclad**
 - **Bark Park**
 - **SRSLY**

4. Other Items

- **Farmers Markets Saturdays 8 a.m. – 1 p.m. and Wednesdays 2 p.m. – 6 p.m.**
 - Farmers Market will be having a Farm to Table Dinner Fundraiser on May 9th at the Chelsea Ale House from 5 p.m. – 8 p.m. (see flyer attached)
- **Heart and Sole Race May 21st**
 - Still looking for volunteers!
 - As a sponsor of the event we will have a coalition table at the expos. Email Ashley (ashley@5healthytowns.org) if you would like to be at the table during the event.
- **SRSLY**
 - Released their SRSLY comic book
 - If you would like copies of the comic please contact Jesse Kauffman (jesse.kauffman@stjoeshealth.org)
- **Chelsea Community Kitchen**
 - May 10th Community Giving Day. Shop at Whole Foods in Ann Arbor (either the Washtenaw or Cranbrook locations) a portion of sales funding from the day will go to CCK.
- **Huron Waterloo Pathways Initiative**
 - Received a grant for 1.8 million dollars to begin phase 1 of the trail.

Our next meeting will be July 7th at 12:00 p.m. in the 5 Healthy Towns Foundation Conference Room.

REMINDERS:

NO JUNE MEETING

Upcoming Grant Submission Deadlines:

- June 3rd and August 5th*

* Grant applications are submitted through the e-Grant system. This is the application process to release intervention funds from the approved Wellness Plan. Grant cycles run every two months. Intervention leaders will apply for funds according to the dates requested in the intervention table (i.e. date funding required)



Tentative coalition meeting schedule for 2016-2017.

- July- Continue discussion on anti-smoking campaign, review Year 5 Plan, speaker?