



## Grass Lake Community Wellness Initiative

### Meeting October 16<sup>th</sup>, 2017

**Attendees:** Dawn Cuddie, Jim Stormont, Joe DeBoe, Annie Lavergne, Lori Kintz, Ben Dandrow, Michael Willis, Sabrina Edgar Matt Pegouskie, Ashley Tomasi

#### 1. Introductions

#### 2. Review draft of Year 6 Plan. Lori Kintz will attend the meeting to review the next draft of the plan narrative with the coalition. At the meeting she will collect any missing information. Please provide feedback. The plan will be submitted to 5HF in November. Year 6 budget is \$75,000 (see plan draft attached)

- **Coalition group photo was taken at the pavilion prior to the meeting**
- **Looking for two presenter for the November 27<sup>th</sup> 5HF board meeting**
  - Dawn Cuddie and Annie Lavergne volunteered to present at the November 5HF board meeting.
- **Lori reviewed draft plan and received feedback from coalition members**
  - Lori will update the current plan based on suggestions from the October meeting. A new draft of the plan will be sent out on October 23<sup>rd</sup>. Coalition members are asked to review the new draft of the plan and provide feedback by Thursday, October 26<sup>th</sup>.
- **Draft Year 6 Plan list of interventions below:**
- List of Year 6 continuing interventions:
  - Healthy Cooking Classes - \$1,000
  - Farmers Market - \$9,000 (\$4,500 for 2017, \$4,500 for 2018)
  - Grass Lake Senior Center - \$10,000 (increase to cover the cost of additional day and programming)
  - Project Safe Graduation - \$1,000
  - Event Sponsorships - \$3,750
  - Food for Friends - \$1,500
- List of new interventions for Year 6 Plan:
  - Road Runners Racing Program - \$1,500
  - Bike Racks - \$2,500
  - Healthy GL Restaurants - \$2,000
  - Fresh Air Festival (includes Yoga By the Lake)- \$3,000
  - Pavilion Phase II -\$33,750
  - Grass Lake School Greenhouse - \$6,000

**TOTAL: \$75,000**

#### 3. Continue discussion on November Celebration meeting. Location, activities, day and time

- The coalition typically holds their annual celebration in November to recognize the work and accomplishments of the coalition over the year. Coalition members were in favor of once again holding the celebration in November
- Dawn Cuddie has offered to host the November celebration at her house.



## Grass Lake Community Wellness Initiative

- Celebration will be November 20<sup>th</sup> at 6pm.
- Email Ashley and Dawn if interested in bringing a potluck item. Ashley will keep a running list of dishes.
- Stay tuned for more information and updates!

#### 4. Other items/Announcements

- **Grass Lake Road Runners - Saturday Morning Run Group – 7:50 a.m. leave from the Roaming Goat**
- **Free Arterial Screening at Grass Lake Senior Center – November 2<sup>nd</sup> -12 pm – 6 pm call 888-335-7241 to schedule an appointment**

#### Reminders:

- ***Next grant submission deadline is December 1<sup>st</sup>***
- ***No December meeting***

#### Upcoming meetings

November 20 <sup>th</sup>	Coalition Celebration
---------------------------	-----------------------