



Stockbridge-Area Wellness Coalition

May 18th, 2017 Meeting Summary

Attendees: Jo Mayer, Suzi Greenway, Lynne Beauchamp, David Peck, Harvey Morrell, Amy Steffey, Lori Kintz, Ashley Tomasi

1. Introductions

Begin developing the Year 6 Plan. Review narrative template and collect intervention information – Lori Kintz (see draft plan template attached in email)

- SAWC members reviewed the Year 6 Plan template. Theme for this year is Stockbridge – The Hub of Wellness
- Lori is looking for testimonials from members who have been a part of the coalition since its inception. Ashley will contact members identified at the meeting for testimonials
- Need intervention photos, social media links/websites for the Year 6 Plan
 - Email photos and links to lorikintz3000@gmail.com
- We will take a group photo at the June meeting
- Update on where we are at for intervention tables and evaluation reports
 - See list below for updates on intervention table status. Intervention tables are due June 12th
 - See pages 3 and 4 to check the status of your intervention. For continuing interventions, all evaluation reports must be turned into 5HF before you will be able to apply for Year 6 funding.
- Current list of Year 6 interventions:
 - Continuing interventions:
 - Tide Me Over- **\$5,500** - draft
 - SRSLY- **\$20,000** - ?
 - Marketing-(possibly to develop a coalition brochure/EDDM) - **\$3,590** - ?
 - Trail Maintenance - **\$4,300** - draft
 - Learning By Doing Cooking Project - **\$3,200** - draft
 - Be Fit-**\$6,110** - draft
 - New ideas:
 - *Leader In Me Program at the schools* - **\$5,000** - draft
 - *Basketball courts (partner with the Township, Village, and School)* - **\$11,000** - draft
 - *5H weight loss challenge (Model after Manchester MMLB)* - **\$5,800** - ?
 - *Parks and Recreation Master Plan* - **\$5,000** - draft
 - *STEM Mountain Bike build and ride* - **\$3,000** - draft
 - *Smith Healthy Snacks* - **\$2,500** (\$2,000 for 2nd grade, \$500 for 1st grade) - ?

Current Total: \$75,000

2. Update on current interventions

- Athletic fields visioning meeting – meeting was held April 13th. Coalition members reviewed the current master plan and provided feedback on potential changes. Recommending the two baseball fields instead become an open playing field. See preliminary master plan drawing attached.

3. Announcements



Stockbridge-Area Wellness Coalition

- 1st Sunday of the month walks-next walk June 4th at 2 p.m. from Stockbridge Library
- OAM Summer Market Fridays from 4 to 7 pm on the square in downtown Stockbridge. Market Music is from 5:30 to 7 pm, featuring local musicians playing jazz, pop, folk, instrumental and country.
- June 17th – Day in the Village 5K, 8 a.m., contact Positively Chiropractic to sign up

Next Meeting-June 15th at 6 p.m. in Room 108, 305 W Elizabeth Street



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Interventions from Y1, Y2, Y3, Y4, Y5

Intervention	Year 1*	Year 2*	Year 3*	Year 4*	Year 5
Lakeland Trail Improvements & Engineering and Playground				\$20,000	
SRSLY	\$15,750 ^{^*+}	\$30,120 ^{^*+}	\$24,268 ^{^*}	\$20,000 ^{^*+}	\$20,000
Playground behind old middle school				\$8,400 ^{^*^+}	
Playground Shelter between Smith & Heritage				\$7,000 ^{^*}	
Marketing Campaign				\$5,000	
Tide Me Over	\$1,200 ^{^*+}	\$4,500 ^{^*+}	\$5,160 [*]	\$4,800 [*]	\$7,000
Open Air Market	\$4,550 ^{^*^+}	\$3,038 ^{^*+}	\$5,961 ^{^*+}	\$3,628 ^{^*}	
Community Read	\$3,000 ^{^*+}	\$3,000 ^{^*+}	\$4,225 ^{^*+}	\$4,225 ^{^*+}	
Heritage Healthy Snacks				\$4,500 ^{^*}	\$6,000 ^{^*}
HS & MS Trail Maintenance			\$2,685 ^{^*^+}	\$2,250 ^{^*}	\$2,250
Counseling and Support Groups			\$21,000 ^{^*}		
Heritage Gardening	\$500	\$1,000	\$15,000		
Baseball Fields (See Playground behind old middle school)			\$10,700		
Small Towns Design Initiative			\$6,000		\$4,000 ^{^*}
Wellness Center	\$212,114	\$34,815 ^{^*+}	\$5,000 ^{^*+}		
Community Pathway-Legacy Land Conservancy	\$750	\$2,240			
Unadilla Park Playscape—Unadilla Township		\$15,500 ^{^*+}			
Wellness Center Prescription for Health		\$4,830 ^{^*+}			



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Community Walking Program		\$3,000 ^{^*}			
Community Nutrition/ Health Ed.		\$2,734			
Health Expo	\$1,600				
School Assembly	\$1,100 ^{^*+}				
Wellness Center Be Fit Program					\$6,109 [^]
Healthy Heroes					\$1,000 ^{^*}
Learning By Doing					\$4,840 ^{^*^+}
Trail to Beckwith Preserve					\$9,000 [*]
5H Bike Racks					\$3,000 [^]
My Choice My Health					\$5,500
Community Info Brochure					\$5,000 ^{^*^+}

*Completed, ^Check received, +final report filed