



## Dexter Wellness Coalition

Meeting February 14<sup>th</sup>, 2017

**Attendees:** Jane Fink, Karl Fink, Shirley Bitters, Jeanette Brooks, Eric Connell, Meagan Connell, Stephanie Mayweather, Ganem Marouf, Paul McCann, Joy Bucher, Amanda Price, Lori Kintz, Ashley Tomasi, Matt Pegouskie

### 1. Introductions

### 2. Review the second draft of the Year 5 Plan and provide feedback- Lori Kintz (see second draft of plan attached in email)

- The Plan will be reviewed by the Foundation's Committee for Strategic Impact of March 9<sup>th</sup> and the 5HF Board of Directors on March 27<sup>th</sup>
  - Notes on the second draft of the Year 5 Plan from the 2/14 meeting:
    - The coalition took a group photo at the meeting to be incorporated in the plan
    - Update information on the Big Red Barrel and the Community Garden on page 11
    - Add Community Read to chart on page 11
    - Verify units of engagement for SRSLY
    - Add units of engagement for the Dexter Forum
    - The final plan of the draft will be sent out for review the week of February 20<sup>th</sup>
- Thank you to Brett Pedersen, Eric Connell, and Meagan Connell for volunteering their time to present on the Year 5 Plan at the Board of Director's meeting
- Year 5 Plan Portfolio:
  - \* Note: Youth Theatre Programming at The Encore has withdrawn their proposal

Intervention	Budget
SRSLY	\$20,000
Summer Fitness Festival	\$6,000
PEAC	\$4,000
Winter Market	\$5,500
Farm to School	\$33,500
Alternative Education classes at DWC	\$1,800
<b>TOTAL</b>	<b>\$70,800</b>

### 3. How should we allocate the remaining funding?

- The coalition voted to allocate the remaining \$4,200 as follows:
  - \$2,000 towards an "explorer" level sponsorship for the Huron Waterloo Pathways Initiative
  - \$1,500 towards Farm to School
  - \$700 towards marketing
- *Total budget for the Year 5 Plan is \$75,000*

### 4. Review and develop Goal 1 of the new strategic action plan

- Tabled for the April meeting

### 5. Other items/announcements/upcoming events?



## Dexter Wellness Coalition

- Coalition decided on intervention advertisements for the spring issue of the Connected magazine. Intervention include: Summer Fitness Festival, SRSLY, PEAC, Farm to School? The Dexter Wellness Walk for February 18<sup>th</sup> CANCELLED. Next walk will be March 11<sup>th</sup>
- Koru Mindfulness Class starting at the Dexter Wellness Center - Thursday series starts March 2<sup>nd</sup>. Cost is \$60 with a scholarship option available.
- His Eye is on the Sparrow Fundraiser, Crab Feed & Weber's Buffet, February 25, 6:30 p.m. Purchase tickets through Eventbrite by February 10<sup>th</sup>
- Stories Told from Stories Read event at the Dexter District Library, March 2<sup>nd</sup>, 6:30 p.m.
- Dexter Winter Marketplace, every other Saturday, 9a.m.-1p.m., Dexter Senior Center
- Dexter Forum-February 18<sup>th</sup> and March 4<sup>th</sup>, Dexter Wellness Center Conference Room, 8:30a.m.-9:30a.m.
- Dexter Wellness Center-Youth Open House February 20<sup>th</sup>. Youth workout FREE.
- Dexter Jazzercise is offering FREE girl force program. Email [a2jazzercise@comcast.net](mailto:a2jazzercise@comcast.net) for more details.

### Reminders:

- **NO MARCH MEETING**
- **Next Meeting is April 11th at 5:30pm DWC Conference Room.**
- **Next grant submission deadlines are April 7<sup>th</sup>, and June 2<sup>nd</sup>. Please contact Sheila Gilman if you have any questions on the grant submission process ([sheila@5healthytowns.org](mailto:sheila@5healthytowns.org))**

April 11th	Continue work to develop the new coalition Strategic Action Plan. Potluck?
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