



Chelsea Friends and Family Wellness Coalition

Meeting: December 7th, 2017 at 12:00 pm at 5 Healthy Towns Foundation Conference Room

Attendees: Gary Maynard, Jim Randolph, Lynn Fox, Nancy Whitelaw, Jo Ann Munce, Shawn Personke, Jesse Kauffman, Jon Van Hoek, Yael Dolev, Andrew Thomson, Reiley Curran, Jason Aric Johnson, James O'Brien, Ashley Tomasi

1. Introductions

2. New Intervention Proposal: DTE Sugar Loop-presentation by Jason Aric Jones (see presentation, intervention proposal, and budget attached in email)

- The DTE Energy Foundation Trail is a planned, five-loop 20-mile flow trail system for bike, foot and xc ski use conceived by the Potawatomi Mountain Biking Association (Poto MBA). Currently, two of the five loops have been constructed with a third underway. Sugarloaf Loop would be the fourth of the five loops.
- The Poto MBA is seeking \$40,000 in funding to complete the Sugarloaf Loop project.

3. Review Continuing Intervention proposals. Intervention leads that were not at the November meeting can briefly present their proposals. Intervention evaluation proposals can be reviewed here: <http://bit.ly/2wxYPkJ>.

- Camp Gabika, Chelsea Farmers Market, SRSLY, and Ironclad Baseball Festival briefly reviewed their Year 7 proposals with the coalition
- A change for the Adaptive Movement for All program from last month was noted. Ballet Chelsea was informed that they did not received grant funding from Chelsea Education Fund. For this reason they asked their funding request be changed from \$5,000 to \$8,000, the amount requested in previous years.

4. Finalize current slate of Year 7 Interventions to recommend to the Plan Team. Question/answer and discussion at meeting. See Chelsea Year 7 Intervention List document (list and proposals attached in email). Other funding opportunity deadlines? All intervention proposals will be sent out prior to the meeting. Please review!

- Coalition members voted to recommend all of the intervention listed in the Year 7 Interventions document to the Plan Team for Review.
- The Chelsea Plan Team is a volunteer group comprised of coalition and community members that reviews and evaluate the intervention tables submitted for consideration for the yearly plan. The Plan Team will determine which interventions at which funding levels will be recommended to the coalition be incorporated into the Year 7 Plan. This year's Plan Team members include:
 - Shawn Personke
 - Lynn Fox
 - Nancy Whitelaw
 - Jo Ann Munce
 - Zora Longworth



5. Plan Year 7 Timeline. Next Steps (see Chelsea Friends and Family Wellness Process document attached)

- See Process document for more details and deadline information.
- Intervention leads: deadline to submit your intervention table is January 5th.
- Lori Kintz will attend the January meeting to begin collecting information for the Year 7 Plan
- The Plan will be submitted to the 5HF Board of Directors for review and approval in April
- Please email Ashley (ashley@5healthytowns.org) with any questions.
- **Additional funding opportunity deadlines:**
 - Community Health Services Funding Opportunity (January 19th)
 - Funding opportunity for community based 501(c)(3) organizations to improve health equity and social determinants of health in Washtenaw County. Selected applications will accomplish the following:
 - Apply principles of community engagement in the planning and implementation process;
 - Promote capacity building of community organizations in order to sustain programming;
 - Benefit communities in Washtenaw County by addressing key SDOH (education, poverty, housing, transportation, etc.) and health equity;
 - Enhance exposure to effective programs, policies and interventions for improvement of health equity and SDOH for Washtenaw County residents; and
 - Promote efforts that are culturally aware and responsive.
 - *Deadline Friday, January 19th, 2018 at 5 p.m.*
 - **RFP Information Session**
Monday, December 18th 3-5 PM
Washtenaw County Learning Resource Center (LRC),
Superior Room
4135 Washtenaw Ave, Ann Arbor, MI 48108
 - St. Joseph Mercy Chelsea (due Jan 31)
 - St. Joseph Mercy Chelsea (SJMC) is proud to support our community partners in improving the health and well-being of the people who live and work in our area. Non-profit organizations that are implementing programs or services that address community needs related to mental health, substance use disorder, healthy weight, prenatal or Preconceptional health, or the social determinants of health (things like housing, transportation,



food, education, and access to services), can apply for funding to support their work through the SJMC 2018 Community Benefit funding program.

- http://www.stjoeschelsea.org/body_chelsea.cfm?id=7992
- Chelsea Community Foundation (due Feb 15)
 - The Chelsea Community Foundation awards grants of varying sizes that strengthen Chelsea and benefit its residents. Grant awards typically range from \$5,000 to \$25,000.
 - <https://cfsem.org/fund/chelsea-community-foundation/>
- Community Foundation of Southeast Michigan (due Feb 15)
 - The Community Foundation for Southeast Michigan is always looking for effective program and project ideas that can improve life in southeast Michigan, specifically in Wayne, Oakland, Macomb, Monroe, Washtenaw, St. Clair and Livingston counties.
 - <https://cfsem.org/apply/grants/>
- Ralph C Wilson Jr. Legacy Funds (due Jan 8)
 - The Ralph C. Wilson, Jr. Funds support grants in four separate key areas that honor the lifetime interests of Mr. Wilson:
 - **Caregivers Fund:** support for projects within southeast Michigan that assist caregivers of persons who are unable to fully care for themselves and are part of an underserved community
 - **Design & Access Fund:** support for projects in southeast Michigan that serve to increase the walkability and bikeability of local communities and/or increasing outdoor recreational activities within the region
 - **Youth Sports Fund:** support for projects in southeast Michigan that bring high-quality sports programs to youth.
 - **Grosse Pointe Community Assets Fund:** support for projects of anchor nonprofit organizations that provide services and experiences to residents of the 5 Grosse Pointe communities, home to Mr. Wilson during his lifetime
 - <https://cfsem.org/fund/ralph-c-wilson-jr-funds/>
- Kiwanis – Chelsea
 - Funding opportunities for modest requests (\$300 or less) available throughout the year. Focus is on local programs or activities that target kids.
 - Contact Jim Randolph for more information: nihjim@umich.edu

6. Other Items/Announcements

- SRSLY is looking for musicians and performers (particularly youth bands) for their SRSLY New Year's Eve Party on January 31st. Party will be from 4 pm – 8 pm at Beach Middle School email info@srslychelsea.org if interested or know of someone who may be a good fit.
- Chelsea Senior Center received a grant to purchase a food truck. The food truck will be used for food demonstrations and classes at the center and with other community groups. Congratulations!

7. Mission Moment



- A “mission moment” is a brief story or example of how your organization is making an impact – tabled for this meeting.

REMINDERS:

- **Due to the holiday we will be moving the date of our next meeting to January 11th.
*Location TBA.***

Upcoming Grant Submission Deadlines:

- February 2nd and April 6th

* Grant applications are submitted through the e-Grant system. This is the application process to release intervention funds from the approved Wellness Plan. Grant cycles run every two months. Intervention leaders will apply for funds according to the dates requested in the intervention table (i.e. date funding required)