



Chelsea Friends and Family Wellness Coalition

Meeting: March 2nd, 2017 at 12:00 pm at 5 Healthy Towns Foundation Conference Room

Attendees: Jim Randolph, Andrew Thomson, Jesse Kauffman, Nancy Whitelaw, Autumn Orta, Lynn Fox, Shawn Personke, Jane Thompson, Lisa Carolin, Yael Dolev, Lori Kintz, Amy Heydlauff, Matt Pegouskie, Ashley Tomasi

1. Introductions

2. Review Plan Team recommendation for Year 6 Plan (please see Year 6 Plan Team Recommendations PowerPoint and proposed budget attached in email)

- The coalition will not know the final Year 6 budget until the end of March after it has been voted on by the Foundation Board of Directors. Upon the Foundation's recommendation the Plan Team developed and made recommendations for 3 budgets:
 - \$100,000
 - \$75,000
 - \$50,000
- If granted the \$100,000 the coalition would have a little over \$16,000 of unallocated funding. The Plan Team made recommendations for how to use the remaining funding. Recommendations include Ceili Dances and Fit to the Beat Teen classes at the Chelsea Wellness Center
- **The Plan Team would like to stress that intervention leaders take photos of their projects and programs and that all marketing materials include the 5H logo**
 - Ashley will provide the logo and a photo release form to intervention leaders once the Year 6 Plan has been approved in May.
- The coalition voted and approved the Plan Team's Year 6 budget recommendations

Thank you to all who submitted proposals and to this year's Plan Team for their time and contributions to putting together recommendations for the Year 6 Plan portfolio. Great work everyone!

3. Year 6 Plan-Lori Kintz will attend the meeting to present a draft of the Year 6 Plan and to collect information

- Lori Kintz presented an outline for the Year 6 Plan
- This year's plan will include the new strategic plan developed in fall 2016 and highlights from the most recent HIP, MiPHY, NEAT, and PAC
- Lori will be collecting testimonials from members who have been a part of the coalition all 5 years. Members are Reiley Curran, Jim Randolph, and Shawn Personke
- Photos have been great for Year 5. *Please send Lori any other photos from your interventions that you would like included in the plan (lorikintz3000@gmail.com)*
- We will be taking a group photo at the next meeting!
- *Please send Lori website/ social media links to your interventions (lorikintz3000@gmail.com)!*

A draft of the plan will be sent out prior to our April meeting. Please provide feedback to Lori Kintz (lorikintz3000@gmail.com). Lori will be at the April meeting to unveil the final version of the plan.

4. Other Items/Announcements



- April coalition meeting date change? The results are in! Next meeting will be Thursday, April 13th at Noon
- We will need 2 volunteers from the coalition to present on the Year 6 Plan at the 5HF board's May 22nd meeting. Reiley Curran has volunteered to fill one of the spots. Looking for one more person!
- SRSLY students will present on their CADCA experience at the May meeting.

Because of Spring Break we will be changing the date of our April meeting. The next meeting will be April 13th at 12:00 p.m. in the 5 Healthy Towns Foundation Conference Room.

REMINDERS:

Upcoming Grant Submission Deadlines:

- April 7th and June 2nd

* Grant applications are submitted through the e-Grant system. This is the application process to release intervention funds from the approved Wellness Plan. Grant cycles run every two months. Intervention leaders will apply for funds according to the dates requested in the intervention table (i.e. date funding required)

Tentative coalition meeting schedule for 2016-2017.

- April 13th– Lori Kintz attends the meeting. Final touches on the Year 6 Plan which will be reviewed by the Foundation in May 2017.
- May 4th- SRSLY youth coalition members to present on the CADCA experience in Washington DC. Celebration of Year 6 accomplishments?
- June 1st- Cancel meeting?