



Grass Lake Community Wellness Initiative

Meeting January 23rd, 2018

Attendees: Dawn Cuddie, Jim Stormont, Joe DeBoe, Diane DeBoe, Joyce Sager, Annie Lavergne, Ben Dandrow, Michael Willis, Sabrina Edgar, Matt Pegouskie, Kim Sperry, Kim Crabtree

1. Introductions

2. Next steps for Year 6 Interventions: Be sure to apply to e-Grant to have funding released! Develop schedule for intervention evaluation reviews (see schedule in email)

- See scheduling document
 - Upcoming e-grant deadlines: April 6th, June 1st, August 3rd.
 - You must submit an e-grant application to have intervention funding released
 - If submitting an e-grant for a continuing intervention (i.e. an intervention that has been funded by SHF in previous years) you must submit an evaluation report to SHF and present on outcomes of the previous intervention before funding through e-grant can be released
 - Schedule for intervention evaluations attached in email. Email Ashley if you need to make any adjustments to your evaluation month

3. Review of 2020 Strategic Plan. Any updates or changes? (see updated plan in email)

- The strategic plan was reviewed by coalition members. One removal recommendation and two reaffirmations were made to the plan.
 - Goal 1, Objective 1 – The coalition wants to keep some semblance of the sponsorship intervention going forward. The logo and coalition are exposed to the most heavily attended events this route.
 - Goal 2, Objective 1 – Grass Lake is pursuing a MDNR acquisition grant to obtain the stretch of property between the village and Grass Lake Sports and Trails Park. The grant will be submitted for the 2018 deadline.
 - Goal 3, Objective 3 – Remove the farmers market from the healthy meal kit idea. There is too much variation to guarantee shoppers or vendors would have access to the materials and infrastructure needed. Add Franks Shop-Rite Deli to the list of restaurants for healthy grocery intervention.

4. Coalition content for spring issue of *Connected*. Want the coalition page features to be on success stories. Can be an intervention, person, coalition, group, etc. Must be related to wellness. Ideas? Also looking for spring wellness photos from Grass Lake! Draft deadline February 15th.

- The next issue of *Connected* (Spring/Summer) will come out in April
- The theme of the next issue will be success stories from our 5 Healthy Towns
- Coalition article (success story) will feature Project Safe Graduation
- For the GLCWI ad page we will feature spring/summer coalition interventions. We will also include Traffic Jam'In



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5. Other items/Announcements

- **Smiles on Wheels** - The non-profit provides dental services for low income students and educates students about sugary beverages with the Rethink your Drink program. They were invited to have booths at the Small Business Expo and Farmers Market. They were advised of 5HF's policy of not funding medical procedures and that St. Joseph Mercy – Chelsea's Community Impact fund may be a more appropriate
- **New 5HF Intervention Board Policy** - The new Board policy regarding prizes was discussed with the coalition. Going forward interventions can only provide tangible prizes that relate back to the mission and to the intervention's pillar (i.e Eat Better, Move More, Avoid Unhealthy Substances, Connect with Others)
- **Grass Lake Road Runners - Saturday Morning Run Group – 7:50 a.m. leave from the Roaming Goat**
- **Diabetes Prevention Program – Federated Church of Grass Lake (519 E Michigan Avenue), weekly classes start on February 15th (see flyer)**
- **Grass Lake Spring Expo – March 17th, 10 am – 4 pm, Grass Lake High School**

Reminders:

- ***Next grant submission deadline is April 6th***
- ***Next Meeting: February 19th at 6pm at the Grass Lake Township Hall***

Upcoming meetings

February 19	Intervention Reviews. Planning for Grass Lake Business Expo.
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