



## Manchester Wellness Coalition

### Meeting April 24<sup>th</sup>, 2018

Attendees: Ruth VanBogelen, Ashley Tomasi, Matt Pegouskie, Patti Bihn, Shelley Hehr, Carol Palms, Laura Seyfried, Alex Duranczyk, Nancy Loudin, Lori Kintz, Cindy Dresch, Jane Thompson

#### 1. **Adaptive Movement Year 6 Interim Report – Jane Thompson (\$5,300,) – see report attached in email**

- Years funded:
  - 2 (funded in Years 4 and 6, funding carried over from Year 4 to cover Year 5)
- Description:
  - Adaptive Movement for All program provides opportunities for physical activity through dance to individuals of all ages and abilities. In year 6 there were 3 school classes –pre-school, primary, a combined middle and high school class and one senior class each week. The dance teacher works with the classroom teachers on goals for the students. The seniors state their own goals and the choreography is devised to accomplish these goals.
- Target Population
  - Manchester: Special education students and seniors
- Goal:
  - Increase the number of classes offered through the schools – met
  - Increase participation in the Senior program - met
- Key Data:
  - Total number of participants: 26
  - Classes: 3 (total of 35)
  - 682 Units of Engagement
- Jane will provide the Coalition with a final report once the program has concluded in June

#### 2. **Updates - Proposed Intervention Ideas for Year 7 Plan (see attached list, Revision 3) and Status of Corresponding Intervention Tables**

- **Changes/updates:**
  - Current Total: \$71,350
  - Bicycle Trail maps/biking event: May table until Year 8 or apply for funding under a different grant (not 5HF). *Need intervention table if moving forward*
  - Fruit/Vegetable Competition at Klager: *Need intervention table*
  - Farmers Market: Increase budget by \$1,500 (\$6,500). *Need updated intervention table*
  - mParks Proposal: Remove seniors and increase budget by \$250 (\$750). *Need updated intervention table*
  - Shared Use Trail Phase II: If bicycle trail map intervention/event does not come to fruition move \$3,000 to this intervention (possible \$8,000) *Need updated intervention table if funding reallocated*
  - MECC Playground – allocate unused funds to the playground project (possible \$3,650) *Need updated intervention table*



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### 3. Year 7 Plan Status (see Year 7 Plan draft attached)

- Lori Kintz attended the meeting to review the first draft of the Year 7 Plan with the Coalition.
- Lori will be updating the Cover Photo
- **We will be taking a new group photo at the May meeting.** Please join us, even if you can only attend the first 5 minutes of the meeting so you are included in the photo.
- Additions: Year 7 Call for Proposals Press Release, PAC?NEAT score sheets, volunteer hours//breakdown of interventions across 6 years, schematic/list of all community groups/collaborations
- **Looking for testimonials from Coalition members. Send to Lori Kintz!**
- Include Sweet Soles in the Success Story

Timeline: If possible move the May meeting up to May 15<sup>th</sup>. Plan will be reviewed by 5HF in June.

#### Year 7 Plan Schedule:

- **October to April** - Intervention Evaluation Presentations: Years 5 and Year 6
- **November:** Data Review Team meets/presents findings at November meeting
- **November to March:** Define and prepare Year 7 Intervention Tables
- **January:** Develop and administer press release looking for proposals based on the data and community health needs
- **March:** Begin development of Year 7 Plan.
- **April:** Review first draft of Year 7 Plan. Intervention tables due April 6<sup>th</sup>
- **May:** Finalize Year 7 Plan. Plan is reviewed by Foundation's CSI
- **June:** Year 7 Plan Reviewed by 5HF Board of Directors

### 4. MSP Strive for a Safer Drive (see flyer attached)

- This grant opportunity provides \$1,000 to any High School in Michigan/Washtenaw County to go towards the facilitation of a safe driving campaign. Must fall within 5 categories (impaired driving, seatbelts, distracted driving, speeding, or winter driving). Campaign is student run. Lori has assisted with the program at Skyline High School, would like all school in Washtenaw County to participate. Would need a contact from the school.

### 5. Status and actions needed on MWC Long Range Action Plan – as time permits (see strategic plan and guidelines attached)

- Due to time, this item was tabled for a future meeting. If anyone is interested in taking on one of these initiatives please contact Ray.

## REMINDERS

1. Next Scheduled Coalition Meeting is TBD

2. Next grant submittal deadlines are June 1 and August 3.

3. To view previously presented Manchester Intervention Evaluation Presentations, please see this link: <http://www.5healthytowns.org/?module=Files&event=Coalition&ID=299&showID=322>