



Manchester Wellness Coalition

Meeting February 27th, 2018

Attendees: Ray Berg, Ashley Tomasi, Matt Pegouskie, Jeff Wallace, Autumn Orta, Eric McCalla, Alex Duranczyk, Patti Bihn, Ruth VanBogelen, Seth Kinker, Amber Burkhardt-Sidebottom, Jan Steinhauer, Courtney Nichols

1. Year 6 Intervention Evaluation Presentation (see presentation attached)

- **Manchester Summer Swim (\$2,800) – Courtney Nichols**
 - Years funded:
 - 4
 - Description:
 - To provide students that attend Manchester Kids Club Center during the summer months (June - August) with open swim time at the Chelsea Beach Pool for an hour every week plus transportation to and from Chelsea. This program also provides transportation to and from swimming lessons offered at Chelsea Beach Pool. Lessons are 5 days for each week structured swim lessons are offered through Manchester Community Education.
 - Target Population
 - Manchester Youth ages 5 – 12 years old
 - Goal:
 - Provide more physical activity during the summer months – met
 - Offer transportation for swim lessons - met
 - Key Data:
 - Total of 27 students participated (17 in swim lessons, 10 open swim)
 - Total of 16 events
 - 203 Units of Engagement

2. Review of Proposed Intervention Ideas for Year 7 and actions needed (see table attached in email)

- Coalition members reviewed the list of proposed interventions received thus far.
- Addition of one intervention at the meeting. An intervention targeting youth mental health was proposed by Amber Burkhardt-Sidebottom involving bringing horses to the school and having students work with the animals to increase self-confidence, patience, acceptance of others, reduce stress, etc. More information at the next meeting.
- Ray will contact intervention leads with questions posed by members during the meeting. Currently 20 interventions are proposed.
- *We will finalize our list of Year 7 Interventions at the March meeting.*

3. Brief Review of Year 7 Plan Schedule

- Members reviewed the Year 7 Plan Schedule. Please see updates below.

Year 7 Plan Schedule:

- **October to April** - Intervention Evaluation Presentations: Years 5 and Year 6
- **November:** Data Review Team meets/presents findings at November meeting
- **November to March:** Define and prepare Year 7 Intervention Tables



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- **January:** Develop and administer press release looking for proposals based on the data and community health needs
 - **March:** Begin development of Year 7 Plan. Finalize list of Year 7 Interventions.
 - **April:** Review first draft of Year 7 Plan. Intervention tables due April 6th
 - **May:** Finalize Year 7 Plan. Plan is reviewed by Foundation's CSI
 - **June:** Year 7 Plan Reviewed by SHF Board of Directors
4. **SHF *Connected* Magazine – update on Manchester inputs and schedule for magazine release**
- Coalition article (theme success story) will be on the progression of the Manchester Wellness Coalition since its inception. Article has been submitted
 - The magazine will also feature articles on a local Eagle Scout Project, Manchester Seed Library, and the Sesquicentennial Festival.
 - Intervention Ads: Farmers Market, Farm to Table Dinner, and Gazebo Concerts have been submitted
 - Magazine will come out the first week of April
5. **Status and actions needed on MWC Long Range Plan (see plan attached in email)**
- Please review the Long Range Action Plan and email Ray if interested in leading one of the initiatives.
 - We will review the plan in detail at our March meeting

REMINDERS

1. Next Scheduled Coalition Meeting is Tuesday, March 20, 12:00 Noon.
2. Next grant submittal deadlines are April 6 and June 1.
3. Klager Math and Science Night is April 20th
4. 2018 Farm to Table Dinner is September 16th at Alber's Orchard
5. Drugs 101 Presentation is March 15th at 6:30 pm at the School
6. Free Women's Health Cancer Screening on April 15th. Call 734-712-7881 for more information
7. To view previously presented Manchester Intervention Evaluation Presentations, please see this link: <http://www.5healthytowns.org/?module=Files&event=Coalition&ID=299&showID=322>