



Manchester Wellness Coalition

Meeting May 15th, 2018

Attendees: Ray Berg, Ruth VanBogelen, Ashley Tomasi, Matt Pegouskie, Patti Bihn, Shelley Hehr, Laura Seyfried, Alex Duranczyk, Nancy Loudin, Lori Kintz (via phone), Cindy Dresch, Pat Valliencourt, Meg Bourland, Eric McCalla, Crystal Moy

1. **Introductions and Group Photo for Wellness Plan**
 - See photo attached
2. **Crystal Moy, NKFM, Diabetes Prevention Program – update**
 - Crystal has taken over Leigh Vogelsong’s position at the National Kidney Foundation of Michigan in overseeing the Diabetes Prevention Program for the 5 Healthy Towns. Welcome Crystal!
3. **Update on Proposed Interventions for Year 7 Plan (see attached list, Revision 4) and Status of Corresponding Intervention Tables**
 - **Changes/updates:**
 - Current Total: \$75,000
 - Bicycle Trail maps/biking event: Tabled until Year 8. May apply for funding under a different grant (not 5HF).
 - Fruit/Vegetable Competition at Klager: *Need intervention table/verify if still planning to be included in the Year 7 Plan.* If not, coalition approved moving the funds to Phase II Shared Use Trail Intervention
4. **Year 7 Plan Review and Finalization (see Year 7 Plan draft attached)**
 - Lori Kintz attended the meeting to review the revised draft of the Year 7 Plan with the Coalition.
 - Lori updated the Plan’s Cover Photo
 - Additions: Year 7 Call for Proposals Press Release, PAC/NEAT score sheets will be added, volunteer hours//breakdown of interventions across 6 years, schematic/list of all community groups/collaborations.
 - Edits: progress and budget history. If anyone has changes/updates for the Progress Report on page 14 please email Ashley!
 - A revised final draft of the plan will be sent to the Coalition on May 30.

Timeline: Plan will be reviewed by Committee for Strategic Impact (CSI) in the beginning of June. 5HF Board of Directors will review the plan June 25th.

Year 7 Plan Schedule:

- **October to April** - Intervention Evaluation Presentations: Years 5 and Year 6
- **November:** Data Review Team meets/presents findings at November meeting
- **November to March:** Define and prepare Year 7 Intervention Tables
- **January:** Develop and administer press release looking for proposals based on the data and community health needs
- **March:** Begin development of Year 7 Plan.
- **April:** Review first draft of Year 7 Plan. Intervention tables due April 6th
- **May:** Finalize Year 7 Plan. Plan is reviewed by Foundation’s CSI



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- **June:** Year 7 Plan Reviewed by CSI and 5HF Board of Directors

- 5. **MWC Representatives at June 25 5HF Board Presentation**
 - Ray Berg and Laura Seyfried have volunteered to present.
 - Will also ask Paige Bourland of Sweet Soles to present

- 6. **Change in June 26 Date? (Final Plan Approval needed for 5HF Board Review on June 25)**
 - The plan will be finalized on May 30 (revised version will be sent to the Coalition). June meeting will remain on the 26th.

REMINDERS

1. Next Scheduled Coalition Meeting is June 26th at Noon

2. Next grant submittal deadlines are June 1 and August 3.

3. Video “How to File an eGrant” <http://www.5healthytowns.org/?module=Page&sID=coalition-how-to-video-library>

4. To view previously presented Manchester Intervention Evaluation Presentations, please see this link: <http://www.5healthytowns.org/?module=Files&event=Coalition&ID=299&showID=322>