



Chelsea Friends and Family Wellness Coalition

Meeting: January 11th, 2018 at 12:00 pm at Chelsea Wellness Center Conference Room

Attendees: Gary Maynard, Jim Randolph, Shawn Personke, Jesse Kauffman, Andrew Thomson, Reiley Curran, Autumn Orta, Cindy Burdette, Jane Thompson, Lori Kintz, Matt Pegouskie, Ashley Tomasi

Please note this month's meeting was held in the Chelsea Wellness Center Conference Room

1. Introductions

2. Review Plan Team Recommendations for the Year 7 Plan. Feedback and vote on recommendations

- **See Plan Team Recommendation Presentation for Year 7 and budget attached in email**
- The coalition will not know the final Year 7 budget until the end of March after it has been voted on by the Foundation Board of Directors. Upon the Foundation's recommendation the Plan Team developed and made recommendations for 3 budgets:
 - \$100,000
 - \$75,000
 - \$50,000
- All interventions proposed would be funded to some capacity at each of the funding levels.
- If granted the \$100,000 budget the Plan Team would like to recommend increases for the Farmers Market and Ironclad Baseball Festival. The team also recommended designating some of the funding at this level for signage that could be used by all Chelsea Interventions.
- **The Plan Team would like to stress that intervention leaders take photos of their projects and program and that all marketing materials include the 5H logo.**
- *The coalition voted and approved the Plan Team's Year 7 budget recommendations*

Thank you to all who submitted proposals and to this year's Plan Team for their time and contributions to putting together recommendations for the Year 7 Plan portfolio. Great work everyone!

3. Year 7 Plan-Lori Kintz will attend the meeting to begin collecting information for the narrative of the Year 7 Plan. She will be looking for input on theme, successes, changes, updates from Year 6 interventions, media links for interventions, and photos

- **See Chelsea Planning Document**
 - Lori Kintz presented an outline for the Year 7 Plan and reviewed themes and content for past plan years
 - Lori will highlight how the coalition worked together to update the annual schedule and yearly process
 - We are looking to do a story arc for this year's theme. See presentation on the "Heroes Journey". The coalition discussed whether to feature the coalition as a whole or an individual intervention. Lori will provide a few mock ups at the next meeting for the coalition to decide on.
 - *Please send Lori any other photos from your interventions and social media/website links that you would like included in the plan (lorikintz3000@gmail.com)*
 - A draft of the plan will be presented at the February meeting



4. Other Items/Announcements

- The Chelsea Farmers Markets and Intergenerational Garden received grant to purchase a food truck. They plan to use the food truck for the upcoming market season and Camp Gabika
- St. Joseph Mercy Chelsea Hospital grant due January 31st. More information here: http://www.stjoeschelsea.org/body_chelsea.cfm?id=7992
- Lori Kintz shared information on the Don't Get Rekt program at Skyline High School. She thinks the program may be a good fit for Chelsea and the other 5H communities. She will share more on this at an upcoming meeting
- SRSly Coordinator Jesse Kauffman has accepted another position within St. Joseph Mercy Hospital and will be leaving at the end of the month. We wish him all the best!
- The spring issue of the 5 Healthy Towns Magazine will come out in April. Theme for this issue is success stories. We would like coalition members to nominate an intervention, person, group, etc. to feature as the success story on their coalition pages for the upcoming issue. The story can be anything that centers on health and wellness. Email Ashley (ashley@5healthytowns.org) with your ideas!

5. Mission Moment

- A “mission moment” is a brief story or example of how your organization is making an impact. Some of the continuing Chelsea interventions shared their journey on how they became the successful programs they are today.

REMINDERS:

- **The next meeting will be February 1st at Noon in the 5HF Conference Room.**

Upcoming Grant Submission Deadlines:

- February 2nd

* Grant applications are submitted through the e-Grant system. This is the application process to release intervention funds from the approved Wellness Plan. Grant cycles run every two months. Intervention leaders will apply for funds according to the dates requested in the intervention table (i.e. date funding required)