



## Committee for Strategic Impact

### Meeting Minutes for November 7<sup>th</sup>, 2018

**Attendees:** Kevin Dombkowski, Ashley Tomasi, Matt Pegouskie, Amy Heydlauff, Katie Harmes, Michael Willis (excused from plan review), Ruth VanBogelen, Sharon Sheldon, Doug Lance

**Not in Attendance:** Susan Morrell-Samuels, Anne Kittendorf

#### 1. Minutes from the August 8<sup>th</sup>, 2018 meeting approved

#### 2. Agricole Presentation – Abby Hurst

- **Presentation was included in the agenda materials and will be sent out with the minutes**
- Agricole is a L3C (a low profit, limited liability company). Agricole's mission is to grow the local food economy through the opening of a farm store in The Mack Building at the corner of Main and Jackson Streets in downtown Chelsea. Anticipated opening in spring 2019. Agricole is modeled after Argus Farm Stop in Ann Arbor, which sells produce and products that come directly from local farmers year round.
- Abby attended the meeting to share information on the new venture and to explore partnership opportunities with 5HF
- CSI discussed the presentation. 5HF does have the ability to give out micro-loans, but there was some uncertainty of where Agricole would fit with the 5HF model. They encourage Agricole to look at other funding models (501c3, for-profit) as more funding options may be available to them by changing this status. CSI would like Agricole to explore other models and determine

**Action:** Amy will follow up with Abby to share CSI's feedback.

#### 3. Updates from the Stockbridge Year 7 Plan

- Be Fit- The Wellness Center is working with the Superintendent and High School Principal to better disseminate information about the program. This increased collaboration is having positive results. 10 students participated in fall 2018 program from Sept. – Nov.
- Tide Me Over – The Smith Healthy Snacks list was shared with Tide Me Over champions who are looking into incorporating some of the snack options into their program for the coming year.
- Smith Healthy Snacks – Ashley will email out presentations prepared by the students of one of the participating classes with the minutes.
- Learning By Doing – Start date for the program will be pushed back to January due to the surprising lack of sign ups. Champions would like to offer the program to all community members as opposed to just Stockbridge Community Outreach participants only. Information will be pushed out during the upcoming Thanksgiving and Christmas community dinners to promote sign ups.
- Go Green Drink Clean- Two water bottle filling stations were installed at Stockbridge Schools



#### **4. Request for Volunteers for SRSLY Review**

- We are requesting volunteers from the CSI committee to join our team to continue our SRSLY review. Meetings will take place outside of our regularly scheduled CSI meetings. Findings will be shared with the full committee.
- If interested in being a part of the review team please email Ashley and Kevin.

#### **7. CSI reviewed the Grass Lake Year 7 Comprehensive Wellness Plan. Details of the review are included in the table starting on page 3.**

*Next meeting:*

- *March, 2019 (TBA): Review Dexter Year 7 Plan.*

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Kevin Dombkowski, Chair

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Date



## Review of the Grass Lake Year 7 Comprehensive Wellness Plan

### Plan Notes (pages 1-21):

- The committee would like to have a page added to the narrative that showcases the coalition’s accomplishments in infrastructure.
- Regarding infrastructure, the committee noted that some of the proposed projects included in the plan were a stretch in terms of fitting within 5HF’s mission. CSI discussed the need for objective criteria upon which to judge infrastructure requests from the coalitions. This could be a simple framework similar to the CWO criteria / questions. More discussion on this topic is needed.
- CSI was pleased to see a number of new interventions included in the plan
- Great effort made by GLCWI to tie each intervention to the data and/or strategic plan
- Notes (pages 22-114):

Intervention	Questions	Requested changes to the Intervention	Answers to questions/Changes that have been made
Grass Lake Parks Improvements (pages 22 - 33)		1. Please include photo of the shades 2. CSI would like funding for the cameras to be reallocated to something that promotes physical activity. The cameras fall too far outside of 5HF’s mission to be supported to move forward. The shades are also on the fringe of what falls within 5HF’s mission. This will be the last time a request of this nature is funded. Request will not move forward until an item for reallocation has been identified.	1. Jim Stormont has requested the \$2,915 originally budgeted for security cameras be used as part of the payment for new little league outfield fences at Grass Lake Charter Township Hall.  Installation of the fences was quoted at \$4,720. Grass Lake Charter Township’s board has agreed to contribute \$1,805.00 for the project.
Road Runners Race Series (pages 34 – 39)	1. Could a designated walking component of the program be added to the		



	Road Runners group? There have been requests from the community to form a designated group for walking.		
Shuffleboard Courts (pages 40 – 44)		1. Add a units of engagement measurement	Units of Engagement are being coordinated through the Senior Center. A number will be submitted with their grant request.
Wolf Lake Waterski Club Equipment (pages 45 – 49)	1. What does the \$1,000 cover in terms of number of skis and life jackets? Provide more detail in the budget.	1. CSI requests ages of participants and how long the equipment lasts before having to be replaced be tracked.	Participant ages range from 6 years of age to late teens. Adults occasionally join for lessons.  Wolf Lake Waterski Club will add how many life jackets and skis to their budget and track how many times the equipment is used as part of the evaluation.
Fresh Air Yoga (pages 50 – 55)			
Grass Lake Challenge (pages 56 – 60)		1. More detail on the program and budget will need to be provided in the intervention table before the program will be recommended to move forward by CSI. If the program is run this year and desires to acquire future funding a weight loss component will	Emailed champion 11/08/18



		need to be added to their Year 8 Plan request.	
Food For Friends (pages 61 – 67)	1. What topics will be provided for this year's programming? Please provide a schedule.		A schedule has been submitted to 5HF. Topics include 5 Healthy Towns Foundation, how to set up a trust, prescription safety, Grass Lake Senior Center, and Chelsea Wellness Center.
Grass Lake Farmers Market (pages 68 – 73)		1. CSI requests an updated and more detailed budget be added to the intervention table	A more detailed budget was submitted to 5HF on November 13.
Healthy Snacks for Vacation Bible School (pages 74 – 78)	1. Could a letter be included to parents that sign up for the program that gives credit for 5HF support and includes our logo?	1. Add measures for number and types of snacks provided for the program.	These measures have been added to the intervention table as requested.
Grass Lake Farmers Market Storage Shed (pages 79 – 87)		1. CSI requests more bids be made before the project is recommended to move forward. The budget appears high for a project of this magnitude.	Grass Lake is seeking another quote for the storage building and an explanation of the existing quote from Chris Pine Construction.
Marketing and Sponsorships (pages 88 – 93)			
Connections Forum Series (pages 94 – 98)		1. More qualifications and detail on the program and	Randy and Lissa Cole received their Master's of Arts in Counseling, Lissa has a Bachelors in Family Life



		<p>program budget need to be added before the intervention will be recommended to move forward.</p>	<p>Education and Randy has a Bachelors in Organizational Management, all through Spring Arbor University. Lissa is a Licensed Professional Counselor through the State of Michigan and Randy is a Limited-Licensed Professional Counselor also through the State of Michigan. They have been involved in the community of Grass Lake all of their lives. Randy has coached young men in football for 36 years and Lissa coached cheerleading along with being a preschool teacher for over 20 years.</p> <p>They intend to focus on the concept that through connecting with others our differences are less significant. They will offer tools that will promote the understanding and the importance of learning the benefits of connecting with others, having boundaries, actively connecting, and putting others first.</p> <p>The first forum – Learn the Benefits of Connecting with Others - will be held in the first quarter. The second quarter’s topic is Learn the Benefits of Boundaries. The third quarter’s topic is Learn the Benefits of Actively Connecting and the fourth quarter is Learn the Benefits of Putting Others First.</p>
<p>Grass Lake Senior Center (99 – 107)</p>		<p>1. CSI requests more detail on how champions plan to achieve Goal #1.</p>	<p>From Trinh Pifer and Annie Lavergne - What has proven successful for our growth so far has been the ability to expand our programming and operating</p>



			<p>hours as a result of increased funding. Through member input and community surveys conducted during community events, we have been able to determine programs that appeal to area residents and engage them in healthy activities. We strive to have one or two physical activities each day like exercise and dance programs, social activities like games and lunch, and lifelong learning activities such as ukulele, various craft classes and health and wellness speakers.</p> <p>Offering a wide variety of programs has attracted new members and has enticed current members to try new activities and stay engaged in a positive social setting. Through the use of our newsletter, website, social media, our local newspaper, and sharing information about the Senior Center at community events, we are able to invite community members to our steadily growing program schedule. Being a satellite center of Chelsea Senior Center offers even more communication options to attract new members and more program offerings for current members. With 2019's increased funding, we plan to expand to a 4<sup>th</sup> day with more new programs including Shuffleboard.</p>
Project Safe Graduation (pages 108 – 114)	1. How many more years do the current champions plan to run the program?		Emailed champion 11/07/18



	2. How/ is it still necessary to improve safety at the Jackson YMCA location for 2019?		
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