



Committee for Strategic Impact: SRSLY Review Team

Meeting Minutes for January 29th, 2019

Attendees: Kevin Dombkowski, Amy Heydlauff, Susan Morrell-Samuels, Ashley Tomasi

We began by reviewing observations from the 12-13-18 meeting:

Several concerns exist about the SRSLY program related to data quality, cost, sustainability, lack of focus on vaping/tobacco, and multi-community coordination

1. **There is a need for improved data to evaluate SRSLY**
2. **There is a need to work towards sustainability and stewardship of SRSLY**
3. **There is a need to diversify the SRSLY portfolio**
4. **It is unclear whether the SRSLY program is making an impact on youth substance use**

1. Updates from December meeting regarding Most Teens Don't, 2020 HIP, SRSLY Mental Health Component, and DFC Grant Timeline Gantt Chart

- Most Teens Don't – Ashley provided notes from Matt Pegouskie's meeting with one of the Jackson County Coordinators:
 - Most Teens Don't provides a SRSLY style program for middle schoolers. They also have some adult programming. 11 schools in Jackson County currently participate.
 - Funding for the program comes from Drug Free Jackson.
 - Henry Ford Allegiance is the fiduciary with mid-state health network providing 60% of the funding used for their program. Their budget (how much goes in to a particular line up) is set year by year by the federal government. The budget per school building varies based on the size of the building.
 - Grass Lake costs around \$1,750 per year. This does not include their marketing or the three FTE's.
 - Three FTE's from Drug Free Jackson oversee Grass Lake's as well as the entire county's middle school programming and share some responsibility with the adult programming. Each school also has at least one (could be more) volunteer coordinator.
 - They have one-two meetings a month at each school building with an on-site advisor (teacher, counselor, etc.) coordinating school efforts. They also hold 2-3 county-wide meetings each year, with 10-12 students participate from each school building.
 - The program tracks success with MiPHY but also with the 20 question Most Teen's Don't perception survey (attached in email).

Action: SHF staff will inquire to see if the county budget for the program is available to get the response rate of the youth participation survey.

- 2020 HIP
 - Washtenaw County Health Department is using a new planning framework and focus areas to support a new structure for the Community Healthy Assessment and Community Health Improvement Plan Process.
 - In an effort to incorporate this new framework and focus areas the Health Department would like to move away from the HIP and reorganize their current committees.



- The Health Department is open to conducting the 2020 HIP if the community desires. This decision will be made by the new steering committee that is formed.
- See Proposed Structure for 2019 CHIP document attachment for more information
- Would Michigan Health Endowment Fund consider partnering/funding the HIP in our 5H Towns?
- SRSLY Mental Health Component
 - We have learned SRSLY is aiming to incorporate a new mental health component into their current programming. Details are limited at this time in terms of how much this will impact SRSLY's current focus and if the other 5H SRSLYs would be included in the change.
 - Below is what is currently listed under the sustainability section of SRSLY's Chelsea's Intervention Table for the Year 8 Plan:
 - *Additionally to create sustainability SRSLY has been exploring the impact of youth mental health in the Chelsea community. SRSLY is prepared to address youth mental health broadening the scope of SRSLY. This would create additional opportunities for funding and support from the community. Areas of focus would include Youth Mental Health prevention, training of adults and youth in the community, resources available in the community and other aspects of youth mental health.*
- DFC Grant Timeline Gantt Chart
 - See DFC Grant Timeline document in attachments

2. General discussion on sustainability/continued funding for long term intervention in the 5 Healthy Towns

- SRSLY
 - The Review Team was disappointed in the lack of data available and response to crucial surveys (MiPHY).
 - Though a lack of comparative data, we are not seeing much variation in trends for youth substance use when looking at state and national data.
 - There is not enough evidence to conclude or deny that the SRSLY program is making an impact on reducing the rate of youth substance abuse and is valuable investment.
 - Because of the significant investment continually made to the SRSLY program it was recommended that the SRSLY Review Teams finding be shared with the Board of Directors.

Action: Kevin Dombkowski will present the SRSLY Review Team's findings at the February Board meeting. Kevin will work with 5HF staff to prepare materials. The SRSLY Review Team will meet (in-person, call, or electronically-TBD) to review and provide feedback prior to the presentation. An email will be sent to CSI updating them of the SRSLY Review Team's findings and next steps.

- Guidelines
 - The SRSLY Review Team explored ways to evaluate these investments
 - There is interest by some of the coalitions to have more discussion on this topic and explore the possibility of setting guidelines. Staff have noted the frustration felt by some of the coalitions as a result of continually funding the same interventions as it can prohibit opportunities to fund new interventions.
 - Power dynamics exist within some of the coalitions that may dissuade individual coalition members from speaking up and voicing concerns related to some interventions.
 - The Team felt it was not the place of the Foundation to develop or set these criteria, but do see it as an opportunity for the coalitions. The recommendation was that the work of discussing and setting criteria be done through the Community Advisory Committee (CAC).



- The work done through the SRSly review could be used as a launching pad for a broader discussion on all longstanding interventions. Results from the recent MPHl 5H Project Evaluation could also be used to make a case for and direct the discussion.
- Guidelines would be set by the coalitions. Guidelines may be rigid or flexible. One possibility is that if an intervention can provide solid evidence that it is successful after a certain period of time it could be eligible for continued funding.

Action: Kevin Dombkowski will lead the guideline discussion at the CAC's March meeting. In preparation, 5HF staff will research granting practices by other organizations such as The Kellogg Foundation, Robert Wood Johnson Foundation, and local community foundations).

3. Next Steps. Tentative Timeline

- CSI will be sent an email in February updating them on the findings of the SRSly Review Team and next steps regarding meetings with the Board of Directors and CAC
- Kevin Dombkowski will present the SRSly Review Team's findings at the February 25th 5HF Board of Directors meeting
- Large Scale CAC meeting lead by Kevin Dombkowski will be held in March. Coalition members will discuss continuing interventions and potentially draft guidelines.