



Chelsea Friends and Family Wellness Coalition

Meeting Agenda: November 5th, 2015 at 12:00 pm in Atrium B St. Joseph Mercy Chelsea
Please be on time as the November meeting will start promptly at Noon! Introductions will be skipped this month to ensure we have enough time for our presenters.

(12:00-12:15) Presentation of the Parks and Recreation Master Plan

(12:15-12:30) *Review of Chelsea Walking Program-Year 3 (Karla Bernath)*

- 1st Year of Funding-\$2,529
 - # of maps created/distributed?
 - # of pedometers purchased?

(12:30-12:45) *Review of Heart and Sole-Year 4 (Karla Bernath)*

- 4th Year of Funding-\$2,000
 - # of participants? (Goal = 700)
 - # of sponsors?
 - # of volunteers?
 - What improvements would you make if planning to continue in Year 5?

(12:45-1:00) *Review of Farmer's Market-Year 4 (Stephanie Willette)*

- 4th Year of Funding-\$9,000
 - # of market days? (Goal = 25)
 - Customer counts per market?
 - # of vendors?
 - What improvements would you make if planning to continue in Year 5?

(1:00-1:15) *Review of Camp Gabika-Year 4 (Andrew Thomson)*

- 3rd Year of Funding-\$11,000
 - # of participants?
 - Participants' total minutes of physical activity?
 - # of healthy snacks consumed?
 - # of healthy decision-making surveys collected?

(1:15-1:30) *Review of Run for the Rolls-Year 4 (Cindy Triveline)*

- 4th Year of Funding-\$2,000
 - # of participants? (Goal = 300)
 - # of volunteers?
 - # participants who completed training and C25K? (Goal = 10 per program)

Schedule of upcoming reviews

Intervention Name	Plan Year	Review Month
Bulldog Fit	3	December
Chelsea Walking Program	3	November
On the Move	3	October
Farmer's Market	4	November
SRSLY	4	December
Camp Gabika	4	November
Community Read	4	December
Run for the Rolls	4	November
Heart and Sole	4	November
Ironclad Baseball	4	December

Please let Ashley (ashley@5healthytowns.org) know if you need to switch your review month.



(1:30-1:35) Other Agenda Items/Announcements?

A look ahead to November 2015 – April 2016 meetings

- December 3 – review list of interventions for Year 5 Plan, evaluation of some interventions (HIP Review?)
- January 7 – Hear presentations from proposed Year 5 interventions
- February 4 - Hear presentations from proposed Year 5 interventions, Lori Kintz comes to discuss needs for the narrative part of the Year 5 plan (pictures, testimonials, etc.)
- March 3– review the draft plan, report from the Plan Team about the budget for the Year 5 Plan
- April 7– final touches of Year 5 which would be submitted next day

REMINDERS

- **The next meeting will be Dec 3rd at 12:00pm in Atrium C St. Joseph Mercy Chelsea.**

Upcoming Grant Submittal Deadline:

- December 4th, 2015
 - Year 4 interventions that have not yet applied
 - Healthy Grocery Store
 - Healthy Restaurant
 - Farmer's Market II
 - School Nutrition Activities