



**Chelsea Wellness Coalition – Friends and Family Wellness
Meeting – Wednesday, January 28 2014 at 6 pm
in Atrium B St. Joseph Mercy - Chelsea**

Attendees: Jane Thompson, , Liz Wilson, Courtney Stinson, Stephanie Willette, Jon van Hoek, Zora Longworth, Dan Kaminsky, Dayle Wright, Gary Maynard, Jennifer Smith, Doug Worthington, Lynn Fox, Melody Werner, Andrew Thomson, Alexander Pollack, Matt Pegouskie

Meeting Summary

1. Introductions

2. Reviewed six potential interventions for the year four wellness plan. Click on the PDFs to open the presentations.

A. Healthy Grocery Store Proposal - \$15,887



Year
4_Chelsea_Healthy G

B. Healthy Restaurant Proposal - \$3,000



Year
4_Chelsea_Healthy R

C. School Nutrition Proposal - \$15,000



Y4_Chelsea_School
Nutrition Activities_1.

D. Chelsea Farmers Market- \$18,095



Year 4_Presentation
Bushel Basket.pdf

E. On the Move - \$6,000



Year 4_Proposal
Move More.pdf

F. Ironclad Base Ball Festival - \$1500



Year 4_Chelsea_Iron
Clad Base Ball Festiva



**Chelsea Wellness Coalition – Friends and Family Wellness
Meeting – Wednesday, January 28 2014 at 6 pm
in Atrium B St. Joseph Mercy - Chelsea**

3. Dismissed at 7:43 pm

Date	Time & Location	Meeting Topics
February 5, 2014	6 pm Atrium B @ St. Joseph Mercy - Chelsea	Will review: Bulldog Fit – Lumen Strong Community Read – Bill Harmer Heart and Sole – Reiley Curran SRSLY – Reiley Curran, Jesse Kauffman Wild about Summer Camp – Andrew Thomson Run for the Rolls – Cindy Trivilene
March 5, 2014	6 pm Atrium B @ St. Joseph Mercy - Chelsea	Plan writer attends meeting to get all input for the Year 4 plan
April 2, 2014	6 pm Atrium B @ St. Joseph Mercy - Chelsea	Final review of plan to be submitted on April 3 for review by CWF
May 7, 2014	6 pm Atrium B @ St. Joseph Mercy - Chelsea	Initiate interventions, start the annual cycle

Year 4 Intervention requests (yellow highlight – not a firm \$\$ yet)

Intervention	Min	Max	Leaders
Bulldog Fit		\$ 3,500	Lumen Strong
Chelsea Monitors	\$ 1,500	\$ 3,000	Jon Van Hoek
Community Read		\$ 6,000	Bill Harmer
Farmers market		\$ 18,238	Stephanie Willette
Fitness opportunities for wheelchair		\$ 5,000	TBD
Food Education Series			Jane Pancho
Healthy eating at schools		\$ 15,000	Dan Kaminsky
healthy grocery store		\$ 15,884	Courtney Stinson
Healthy restaurants		\$ 5,000	Courtney Stinson
Heart and Sole	\$ 5,000	\$ 6,000	Reiley Curran
On the Move	\$ 4,000	\$ 6,000	Jane Thompson
Run for the Rolls		\$ 2,000	Cindy Trivilene
SRSLY	\$ 16,000	\$ 18,000	Reiley Curran
Stress management		\$ 5,000	Jennifer Smith
VegetaBull		\$ 1,000	Alex Pollock
Wild about summer camp		\$ 10,000	Andrew Thomson
TOTAL		\$ 119,622	