



Grass Lake Community Wellness Initiative

Meeting September 21st, 2015

1. Introductions
2. Announcement from the Foundation
3. Update on Yoga in the Park-Matt Pegouskie
4. Lori Kintz will present the first draft of the Year 4 Plan. Year 4 Intervention List below:

Intervention Name	Continuing/New	Request \$	Review	Captain
Outdoor Yoga in the Park	NEW	\$1,000		Chelsea Wellness Center?
My Choice My Health	NEW	\$5,500		Elaine
Stress Management	NEW	\$4,000		Dawn Dodge?
Food For Friends	NEW	\$1,200		Matt
Safe Routes to School	NEW	\$3,000		Matt
5H Marketing	NEW	\$5,000		
Healthy Cooking Classes	CONTINUE	\$4,200	April Y2 (reviewed)	Sue
Farmer's Market	CONTINUE	\$19,000	October?	Diane
Sports/Trails/Parks	CONTINUE	\$26,500	June (reviewed)	Jim
Fitness Coordinator	CONTINUE	\$21,000	August (reviewed)	Doug
Senior Activities	CONTINUE	\$5,000	July (reviewed)	Joyce
Project Safe Graduation	CONTINUE	\$1,000	July (reviewed)	Mike
	Total	\$96,400		

5. Ashley Tomasi will present results from the 2015 Coalition Survey
6. CAC/5H update
7. Any Other Items?
8. Announcements



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9. Reminders:

- ***Next grant submission deadline is October 2nd***

Upcoming meetings

October 19	Submit Year 4 Plan. Celebrate Y3 accomplishments? Review Farmer's Market Intervention?
November 16	
December – no meeting	
January	Review Community Read