

The United Methodist Retirement Communities (UMRC) Foundation is requesting \$10,000 to help create an intergenerational outdoor fitness park on our flagship Chelsea campus. This project aligns with both UMRC's mission of promoting the wellness and dignity of older adults, and the vision of the 5 Healthy Towns Foundation, by encouraging residents and community members to move more and connect with others in a healthy way. The outdoor exercise equipment will be available to UMRC residents, Kresge Rehabilitation guests, visitors on Chelsea Retirement Community's campus, and Chelsea community members ages 14 and older (due to safe use of the machines). Our request of \$10,000 will be used to purchase one of twelve outdoor exercise machines, part of a larger fundraising effort through the UMRC Foundation's annual Garden Party.