

# Chelsea Friends and Family Wellness Coalition | Plan Year 8

| SECTION 1   | INTERVENTION INFORMATION  |
|---|---|
| NAME OF THE INTERVENTION  | Chelsea Area Fire Authority Rokon Project   |
| 5HF Element to Impact: Eat Better, Move More, Connect with Others in Healthy Ways, Avoid Unhealthy Substances (select minimum of 1) | Coalition Sponsorship.  |
| Fiscal Agent  | Chelsea Area Fire Authority   |
| Tax I.D   | 38-3479379  |
| Implementation Contacts (2 or more required)  | Christopher Smyth; Rob Arbini   |
| Contact phones and emails   | Robert Arbini, 313 719 6570, <a href="mailto:chiefarbini@chelseafire.org">chiefarbini@chelseafire.org</a><br>Christopher Smyth , 734 649 6213, <a href="mailto:csmyth@chelseafire.org">csmyth@chelseafire.org</a> |
| Date Funding Required   | 04/2019   |
| Implementation Date   | 05/2019   |
| Estimated Completion Date   | Ongoing   |
| Total Amount Requested from 5HF   | \$3,750   |

| SECTION 2  | CRITERIA  |
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| Criteria   | Descriptions  |
| <p><b>1. Please provide a brief description for the intervention program you are proposing and indicate the target population.</b><br/> <i>Typically one paragraph (3-5 sentences)</i><br/> <i>Target population options: youth, adult, seniors, disabled, etc.</i></p>                          | <p>This project is in efforts to raise funds to purchase needed specialized equipment that includes a Rokon ATV, rescue trailer, and EMS equipment package for the timely rescue of injured outdoors enthusiast persons, taking part in and being injured in remote locations in and surrounding Chelsea. Their locations making it very difficult to gain access to remove these people in a timely manner. This sponsorship would be used in purchasing trauma equipment, Rescue back pack, Air splint set, Sling set, Glucose monitor, combi-tube airway set, Light weight stokes basket strecher. This project impact people of all ages.</p> |
| <p><b>2. How does this intervention address the needs identified by your community and the coalition?</b><br/> <i>Please be specific and refer to local data (i.e. HIP, MiPHY, PAC, NEAT, etc.) and/or the coalition strategic plan. Should include specific health/wellness indicators.</i></p> | <p>We believe this project helps support efforts to promote physical activity and the great outdoor activities that are offered throughout our area. Due to unforeseen over sites we are scrambling to acquire the proper specialized rescue equipment needed to perform efficient outdoor rescues, especially on the newly installed trails. Providing a safer environment would aid in promoting increased trail use and encourage people to move more knowing that higher quality, more efficient medical care would be available in the case of an emergency. This would address goal #2 of the coalition strategic plan in</p>               |

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|   | <p>assisting to increase participation in coalition activities, making it safer for use and activity of young and old, people of all ages groups.</p>   |
| <p><b>3. What are the specific goals for the intervention?</b><br/> <i>Specific goals: For each goal address these 5 points so that the goals are SMART goals</i></p> <ul style="list-style-type: none"> <li>• <i>State what you are trying to accomplish,</i></li> <li>• <i>How you will measure progress toward and accomplishment of your goal</i></li> <li>• <i>Who is responsible for collecting the data?</i></li> <li>• <i>Why you think the goal is attainable</i></li> <li>• <i>Describes how the goal is relevant to the coalition and community wellness related needs.</i></li> <li>• <i>What is the timeframe for achieving the goal?</i></li> <li>• <i>See <a href="http://www.wikihow.com/Set-SMART-Goals">http://www.wikihow.com/Set-SMART-Goals</a></i></li> </ul> | <p><b>Our goal is to promote and support increased use of our hiking and biking trails, by reducing the time needed to locate, render, aid, and transport injured persons in a timely manner. Projected to reduce times by 50%.</b></p> <p><b>This equipment would be used here in Michigan, Washtenaw County, aiding persons that reside in, or visit our area to partake in such activities.</b></p> <p><b>Our goals will be measured by the time it take to locate, render aid and transport person to the appropriate hospital.</b></p> <p><b>Chelsea Area Fire Authority will be collecting data.</b></p> <p><b>The goal is attainable as research along with information from other rescue agencies using similar equipment, rescue times were greatly reduced and helped to promote the use of the trails.</b></p> <p><b>In promoting citizens to be more active, and participate in any and all activities available. We need to be able to provide the proper, timely, appropriate Medical treatment throughout the next year.</b></p> <p><b>Timeline: We are aiming that all equipment will be purchased and in use by May 2019</b></p> |
| <p><b>SECTION 3</b></p>   | <p><b>MEASUREMENT/DATA</b></p>  |
| <p><b>1. What key data will be collected, analyzed, and used to evaluate the intervention?</b><br/> <i>Should include:</i></p> <ul style="list-style-type: none"> <li>• <i>Units of Engagement</i></li> </ul> <p><i>Might also include survey data, and other measures such as number of participants, pounds of produce grown, miles of trail maintained, number of books distributed, etc.</i></p>  | <p><b>The key data will be response times, On scene times, with amount of time needed to remove patients. Also patient out comes will be reviewed with follow up questionnaire sent to patients post incident. Evaluation of treatments and techniques in rendering aid to these patients. Review number of rescues preformed, examine each, looking at all aspects of each call. What worked well, what needs improvement, how can we improve our service?</b></p>   |
| <p><b>2. What are the estimated Units of Engagement for the intervention?</b><br/> <i>Unit of engagement = number of people per event * number of events * timeframe for the event (e.g., 30 minutes would be 0.5 hours)</i></p>  | <p><b>In any given time frame, days, weekends we expect that we may see any amount of people to visit our recreational land areas. This could be 50 people to several hundred at any given time. With this increase in numbers of users, I would expect to see a direct correlation to the number of injured persons. A conservative number being 65.</b></p>   |

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| <p><i>Example : 100 people * 6 events * 1 hour per event = 600 units of engagement.</i></p> <p><i>UNITS OF ENGAGEMENT DO NOT NEED TO BE CALCULATED FOR INFRASTRUCTURE (i.e. parks, sidewalks, trails, etc).</i></p> <p><i>Note- if participation is not part of the key data, describe how you will measure engagement of community members.</i></p>   | <p>65 incidents x 45 mins. Each x 1 event = around 49 units of engagement</p>                    |
| <p><b>SECTION 4</b></p>  | <p><b>COLLABORATION</b></p>  |
| <p><b>1. Who (specifically) will be responsible for what aspects of intervention implementation?</b><br/> <i>Please provide names for those responsible for:</i></p> <ul style="list-style-type: none"> <li>• <i>Obtaining all required permits and permissions and all other communication required</i></li> <li>• <i>Deciding on dates, times, locations</i></li> <li>• <i>Marketing – both developing and distributing marketing materials</i></li> <li>• <i>Recruiting necessary volunteers</i></li> <li>• <i>Developing tools to collect data and pictures</i></li> <li>• <i>Analyzing data collected</i></li> <li>• <i>Developing plans for how to improve the intervention (on-going and for subsequent years)</i></li> <li>• <i>Preparing and presenting presentations and reports</i></li> <li>• <i>All other specific tasks for this intervention to be successful.</i></li> </ul> | <p><b>Chelsea Area Fire Authority will be responsible for all aspects of implementation.</b></p> |
| <p><b>2. Does implementation of this intervention require approval from an organization other than the fiscal agent or organization implementing the intervention?</b><br/> <i>Yes or No. If yes, please indicate all organizations requiring approval and indicate if approval has already been granted. If it hasn't been granted, when will this</i></p>  | <p><b>No other approvals needed.</b></p>   |

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| <p><i>be done. Include the name(s) of the approver(s).</i></p>   |  |
| <p><b>3. With whom will you collaborate on this intervention including assistance with implementing the program, assistance with financing the program and organizations which might financially support this intervention (long term sustainability).</b><br/> <i>Please include names of people in the collaborating organization that will be involved with this intervention. Indicate in the budget below – the contribution from the organization(s).</i></p>  | <p><i>Michigan Department of Natural Resources.</i></p> <p><i>For sponsors of this project we will market organizations using bumper stickers/decals that will be added to the emergency vehicles/trailer.</i></p>   |
| <p><b>SECTION 5</b></p>  | <p><b>SUSTAINABILITY</b></p>   |
| <p><b>1. If this is a continuing intervention:</b><br/> A. How many years has this intervention been funded by the coalition?<br/> B. Have the outcome(s) been presented to the coalition and the report(s) been submitted to 5HF?<br/> <i>If no, when will the presentation to the coalition be done and when will the written report and expense report be submitted to 5HF?</i><br/> C. Describe how the intervention will be improved (also include past improvements if this is the 3 or more year of funding).<br/> D. Has the amount requested from the coalition increased or decreased? Why?<br/> E. How many more years will this intervention request funds from the coalition?</p> | <p>No this project will be a one-time sponsorship request. As discussed in earlier meetings, we will be able to budget for the costs of keeping this equipment in service.</p> <p>Yes</p> <p>With evaluations of procedures and treatments, times with outcomes. Improvements will be implemented as needed to meet needs, protocols and current medical treatments.</p> <p>The cost has been reduced, due to private donations. Reducing the requested amount from 39,290.00 to 26,720.00 At this time we will be asking for a sponsorship donation in the amount of \$3750.00 from 5 Healthy Towns.</p> <p>No further requests will be ask for in this matter.</p> |
| <p><b>2. Does your intervention have a sustainability plan?</b><br/> <i>How the intervention will be sustained if the coalition does not grant/renew funding?</i></p>  | <p><i>Yes, all equipment will be serviced, housed and maintained by Chelsea Area Fire Authority.</i></p>   |
| <p><b>3. Provide citation(s) of similar programs used as a model in developing this intervention.</b></p>  |  |

~ INSERT A BUDGET which shows all expenses, revenue and in-kind contributions\*. Please also indicate which expenses will be covered by the funds from the 5 Healthy Towns Foundation.

\* Note: Examples of in-kind contributions include volunteer hours, use of space, items, etc.

|                          |              |
|--------------------------|--------------|
| Michigan DNR             | \$8500.00    |
| Private donations        | \$4500.00    |
| 5 Healthy Town Coalition | \$ 3750.00   |
| Total                    | \$ 16,750.00 |

Total cost of the project is \$39,290

Also provide the information in the two tables below

| SECTION 6   | INTERVENTION | BUDGET     |
|---|--------------|------------|
| Budget Summary  | Amount       | Percentage |
| Amount of funds from Coalition                        | 3750         |            |
| Total funds from other sources                        | 13,000       |            |
|   |              |            |
| Marketing/Advertising                                 |              |            |
| Compensation – to one or more people                  |              |            |
| Infrastructure (structure that lasts 5 years or more) |              |            |
| Other expenses  |              |            |

| Plan Year | Amount granted | Amount Spent | Amount carried over | Amount returned to 5HF |
|-----------|----------------|--------------|---------------------|------------------------|
| Year 1    |                |              |                     |                        |
| Year 2    |                |              |                     |                        |
| Year 3    |                |              |                     |                        |
| Year 4    |                |              |                     |                        |
| Year 5    |                |              |                     |                        |